



International: Support for PSP/CBD/MSA

Peer Supporters

If you are in search of one-on-one conversation about the journey you are on, please find the names and contact information of our peer supporters. Peer supporters are available to offer practical care tips, connect with local resources, and provide emotional support. Feel free to reach out to anyone on this or other regional lists, regardless of location.

Support Groups

Support groups are safe and dedicated spaces to connect with and learn from individuals and families on similar journeys. CurePSP's network of regional support groups offers opportunities to meet others in your community impacted by PSP, CBD and MSA. You can also visit www.psp.org/ineedsupport/online-support-groups for CurePSP's national support groups

Canada

Peer Supporter: Mauro Campanelli **City:** Oakville, ON
Email: mcampanelli@trimac.com **Phone:** 416-709-7309
Relationship to diagnosis: Cared for a parent with PSP

Peer Supporter: Riel Hishon **City:** Toronto, ON
Email: riel.hishon@gmail.com **Phone:** 647-225-6220
Relationship to diagnosis: Cared for a parent with PSP
Availability: Evenings/weekends
Languages: English and French

Montreal Facebook Group for people with PSP/MSA/CBD/LBD and care partners

Location:

<https://www.facebook.com/groups/3473422349337693/?ref=share&fs=e&s=cl>

Associated Medical Center: Centre Hospitalier de L'Université de Montreal

Virtual Support Group for people with PSP/CBD/MSA and care partners (Toronto based)

Location: Meeting virtually - See PSP Canada Events Page:

<https://pspsocietycanada.ca/events/>

Meeting Time: 3rd Wednesday of every month from 7:30pm to 9:00pm ET

Facilitator: Stéphane Hetherington, hetherington@pspsocietycanada.ca , 1-888-675-0230

Virtual Support Group for people with PSP/CBD/MSA and care partners (Alberta based)

Location: Meeting virtually on Zoom – contact facilitator for link
Meeting Time: 1st Tuesday of each month from 10:00 – 11:00 AM MST
Facilitator: Parkinson Association of Alberta - clientservices@parkinsonassociation.ca
or 1-800-561-1911

**Virtual Support Group for people with PSP/CBD/MSA and care partners
(Hamilton based)**

Location: Meeting virtually - contact facilitator for link or visit
(<https://pspawareness.com/pages/zoom-support-meetings-for-bsp>)
Meeting Time: Every Thursday from 7:00pm-9:00pm ET
Facilitator: Kate Borgert, info@coleencunninghamfoundation.com, 905-616-9433

British Columbia Support Group for people with PSP/MSA/CBD/LBD and care partners

Location: Contact facilitator for location
Associated Medical Center: University of British Columbia Hospital
Meeting Time: 4th Friday of every month from 10:00am-11:30am
Facilitator: Bob Brett, curepsbc@gmail.com, 604-930-8150

Ontario Support Group for people with PSP/CBD/MSA and care partners

Location: Port Nelson United Church, 3132 South Drive, Burlington ON
Meeting Time: Last Monday of every month from 1:00pm-3:00pm (No December Meeting)
Facilitator: January Will, info@coleencunninghamfoundation.com, 905-616-9433

India

Peer Supporter: Niti Vaidya **City:** Mumbai
Email: nitivaidya@gmail.com **Phone:** 91-982-032-9719
Experience: Cared for a parent with PSP
Languages: English, Hindi, Gujarati, and Marathi

India Support Group for Care Partners of people with PSP/CBD/MSA

Location: Meeting virtually - contact facilitator for link
Meeting Time: 2nd Sunday of every other month from 15:00-16:00 IST
Facilitator: Niti Vaidya, 91-982-032-9719, nitivaidya@gmail.com

Kuwait

Peer Supporter: Noha Al-Awadi **City:** Jabriya
Email: noha.alawadi@gmail.com **Phone:** + 965 66612660
Experience: Cared for a parent with PSP/PD