



## **Midwest Region: Support for PSP/CBD/MSA**

### **Peer Supporters**

If you are in search of one-on-one conversation about the journey you are on, please find the names and contact information of our peer supporters. Peer supporters are available to offer practical care tips, connect with local resources, and provide emotional support. Feel free to reach out to anyone on this or other regional lists, regardless of location.

### **Support Groups**

Support groups are safe and dedicated spaces to connect with and learn from individuals and families on similar journeys. CurePSP's network of regional support groups offers opportunities to meet others in your community impacted by PSP, CBD and MSA. You can also visit [www.psp.org/inneedsupport/online-support-groups](http://www.psp.org/inneedsupport/online-support-groups) for CurePSP's national support groups

### **Idaho**

**Peer Supporter:** Tiffany Christensen **City:** Boise, ID  
**Email:** [moveovermsa@gmail.com](mailto:moveovermsa@gmail.com) **Phone:** 408-493-3086  
**Experience:** Cared for a spouse with CBD

### **Illinois**

**Peer Supporter:** Deb Dean **City:** Highland Park, IL  
**Email:** [Deb\\_e\\_dean@yahoo.com](mailto:Deb_e_dean@yahoo.com) **Phone:** 847-571-7549  
**Experience:** Cared for a parent with PSP

**Peer Supporter:** Ryan Dolan **City:** Shorewood, IL  
**Email:** [rdolan05@yahoo.com](mailto:rdolan05@yahoo.com) **Phone:** 708-714-6141  
**Experience:** Caring for a parent with PSP

**Peer Supporter:** Doris Driscoll **City:** Fairview Heights, IL  
**Email:** [dorisann11@hotmail.com](mailto:dorisann11@hotmail.com) **Phone:** 618-616-7842  
**Experience:** Cared for a spouse with PSP

**Peer Supporter:** Dean Monti **City:** Glen Ellyn, IL  
**Email:** [dean.monti@gmail.com](mailto:dean.monti@gmail.com) **Phone:** 312-520-0337  
**Experience:** Cared for a parent with PSP

**Peer Supporter:** Patti Sellers **City:** Breese, IL  
**Email:** [patti@equity55.com](mailto:patti@equity55.com) **Phone:** 618-604-8639  
**Experience:** Cared for a spouse with PSP

**Peer Supporter:** Paul Strandquist **City:** LaGrange, IL

**Email:** [paulstrandquist6@gmail.com](mailto:paulstrandquist6@gmail.com) **Phone:** 312-735-3607  
**Experience:** Cared for a spouse with PSP

### **Chicagoland Support Group for people with PSP/CBD/MSA and care partners**

**Location:** Meeting virtually - contact facilitator for link

**Meeting Time:** Second Thursday of every month from 4:00pm - 5:30pm CT

**Facilitator:** Emily Sarah Zivin, [emily.zivin@northwestern.edu](mailto:emily.zivin@northwestern.edu) and Sarah Chen, [Sarah\\_M\\_Chen@rush.edu](mailto:Sarah_M_Chen@rush.edu)

### **Indiana**

**Peer Supporter:** Karen Newell **City:** Elizabethtown, IN

**Email:** [kfoxnewell@aol.com](mailto:kfoxnewell@aol.com) **Phone:** 812-343-6394

**Experience:** Cared for a sibling with PSP/MSA

### **Iowa**

#### **Iowa Support Group for people with PSP/CBD/MSA and care partners**

**Location:** Meeting both virtually and at Temple B'nai Jerusalem, 5100 Grand Ave., Des Moines, IA – or contact facilitator for Zoom link

**Meeting Time:** Last Thursday of the month from 1:00-2:00pm

**Facilitator:** [dianeegraham@gmail.com](mailto:dianeegraham@gmail.com), 515-490-9026

**Peer Supporter:** Diane Graham **City:** Des Moines, IA

**Email:** [dianeegraham@gmail.com](mailto:dianeegraham@gmail.com) Phone: 515-490-9026

**Experience:** Cared for a spouse with MSA

### **Michigan**

**Peer Supporter:** Catherine Doll **City:** Goodrich, MI

**Email:** [catherinesdoll@gmail.com](mailto:catherinesdoll@gmail.com) **Phone:** 810-636-6789

**Experience:** Cared for a parent with PSP

**Peer Supporter:** Kathleen Gregg **City:** Lake Orion, MI

**Email:** [bigmomma737@aol.com](mailto:bigmomma737@aol.com) **Phone:** 248-660-3456

**Experience:** Cared for a spouse with PSP

**Peer Supporter:** Gary Mattson **City:** Marquette, MI

**Email:** [gmattson@new.rr.com](mailto:gmattson@new.rr.com) **Phone:** 906 250-1243

**Experience:** Cared for a parent with PSP

**Peer Supporter:** Abby Segal **City:** Bloomfield Hills, MI

**Email:** [avivabatia@aol.com](mailto:avivabatia@aol.com) **Phone:** 215-280-6144

**Experience:** Cared for a parent with PSP

**Peer Supporter:** Emma Wodwaski **City:** Troy, MI  
**Email:** [emmawodwaski@gmail.com](mailto:emmawodwaski@gmail.com) **Phone:** 248-590-1185  
**Experience:** Cared for a grandparent with PSP

**Peer Supporter:** Nadine Wodwaski **City:** Troy, MI  
**Email:** [jnnwodwaski@hotmail.com](mailto:jnnwodwaski@hotmail.com) **Phone:** 248-719-8165  
**Experience:** Cared for a parent with PSP

**Michigan Support Group for people with PSP/CBD/MSA, care partners, family & friends**

**Location:** Meeting virtually - contact facilitator for link  
**Meeting Time:** 2nd Saturday of each month from 2:00-3:30 pm  
**Facilitator:** Mary Meagher, [mmeagher@mei.net](mailto:mmeagher@mei.net), 269-267-3117

**Minnesota**

**Peer Supporter:** Mana Sanghvi **City:** Edina, MN  
**Email:** [mana.bhatt@gmail.com](mailto:mana.bhatt@gmail.com) **Phone:** 646-458-1787  
**Experience:** Cared for a parent with PSP

**Ohio**

**Peer Supporter:** Melanie Coseo **City:** Brunswick, OH  
**Email:** [cosmom5@msn.com](mailto:cosmom5@msn.com) **Phone:** 216-970-2284  
**Experience:** Cared for a parent with PSP

**Peer Supporter:** Gayle Griffith **City:** Dublin, OH  
**Email:** [gayle@my.st](mailto:gayle@my.st) **Phone:** 614-946-8824  
**Experience:** Cared for a spouse with PSP

**Peer Supporter:** Mary Kirkey **City:** Columbus, OH  
**Email:** [marykirkey@gmail.com](mailto:marykirkey@gmail.com) **Phone:** 614-486-7368  
**Experience:** Cared for a spouse with PSP

**Peer Supporter:** Nancy Montgomery **City:** Westerville, OH  
**Email:** [njmont76@gmail.com](mailto:njmont76@gmail.com) **Phone:** 724-680-2211  
**Experience:** Cared for a spouse with PSP

**Peer Supporter:** David Potter **City:** Strongsville, OH  
**Email:** [davepotter7@gmail.com](mailto:davepotter7@gmail.com) **Phone:** 440-263-5330  
**Experience:** Cared for a parent with PSP, also has experience with CBD and MSA

**Peer Supporter:** Vicki Werden **City:** West Chester, OH  
**Email:** [vwerden@gmail.com](mailto:vwerden@gmail.com) **Phone:** 513-874-3002  
**Experience:** Cared for a spouse with PSP

**Cleveland Support Group for people with PSP and care partners**

**Location/Meeting Time:** Contact facilitator for location and meeting time

**Facilitator:** David Potter, [davepotter7@gmail.com](mailto:davepotter7@gmail.com), 440-263-5330

**Central Ohio Support Group for people with PSP/CBD/MSA and care partners**

**Location:** Meeting virtually – contact facilitator for link

**Meeting Time(s):** 1<sup>st</sup> and 3<sup>rd</sup> Saturday of each month from 11:30am - 1:00pm ET

**Facilitator:** Nancy Montgomery, [centralohiopspgroup@gmail.com](mailto:centralohiopspgroup@gmail.com)

**Wisconsin**

**Peer Supporter:** Eugenia Bilotta **City:** Oconomowoc, WI

**Email:** [eabilotta26@gmail.com](mailto:eabilotta26@gmail.com) **Phone:** 217-853-5499

**Experience:** Person with CBD

**Peer Supporter:** Larry Studt **City:** Eau Claire, WI

**Email:** [larry.studt@yahoo.com](mailto:larry.studt@yahoo.com) **Phone:** 715-271-4505

**Experience:** Cared for a spouse with PSP

**Peer Supporter:** Laurie Conrad **City:** Two Rivers, WI

**Email:** [conradswi@yahoo.com](mailto:conradswi@yahoo.com) **Phone:** 920-905-6300

**Experience:** Cared for a parent with PSP