



UNLOCKING THE SECRETS OF BRAIN DISEASE®

Northeast Region: Support for PSP/CBD/MSA

Peer Supporters

If you are in search of one-on-one conversation about the journey you are on, please find the names and contact information of our peer supporters. Peer supporters are available to offer practical care tips, connect with local resources, and provide emotional support. Feel free to reach out to anyone on this or other regional lists, regardless of location.

Support Groups

Support groups are safe and dedicated spaces to connect with and learn from individuals and families on similar journeys. CurePSP's network of regional support groups offers opportunities to meet others in your community impacted by PSP, CBD and MSA. You can also visit www.psp.org/ineedsupport/online-support-groups for CurePSP's national support groups

Connecticut

Peer Supporter: Susanne McAvoy **City:** Darien, CT
Email: susanne.mcavoy@gmail.com **Phone:** 917-846-5102
Experience: Cared for a parent with PSP

Peer Supporter: Allen Nixon **City:** Farmington, CT
Email: aleinixon@comcast.net **Phone:** 860-307-6862
Experience: Cared for a spouse with PSP

Peer Supporter: Joanna Rieger **City:** Darien, CT
Email: joannasweber@yahoo.com **Phone:** 917-509-0094
Experience: Cared for a parent with PSP

Connecticut Support Group for PSP/CBD/MSA care partners

Location: Meeting virtually - contact facilitator for link
Meeting Time: 4th Thursday of the month from 6:30pm – 7:30pm ET
Facilitator: Al Nixon, aleinixon@comcast.net

Maine

Peer Supporter: Janet Edmunson **City:** South Portland, ME
Email: janet@janetedmunson.com **Phone:** 508-308-4195
Experience: Cared for a spouse with PSP/CBD

Maine Support Group for people with PSP/CBD/MSA and care partners

Location: <https://uso2web.zoom.us/join/91252828000>

Meeting Time: Bi-monthly from 1:00 - 3:00pm ET, 2025 dates are 2/9, 4/13, 6/8, 8/10, 10/5 and 12/7

Facilitator: Janet Edmunson, janet@janetedmunson.com, 508-308-4195

Maryland

Maryland Support Group for Atypical Parkinsonism

Location: Meeting virtually – contact facilitator for link

Associated Medical Center: Johns Hopkins Movement Disorders Center

Meeting Time: 4th Monday of the month from 12:30-1:30pm ET

Facilitator: Sarah Phelan, MS, sphelan2@jhmi.edu

Massachusetts

Peer Supporter: Kathryn Buckley Hanna **City:** Northbridge, MA

Email: katbuckley31@aol.com **Phone:** 508-246-1732

Experience: Cared for a parent with PSP

Peer Supporter: Tom Loewald **City:** North Easton, MA

Email: thomas.loewald@gmail.com **Phone:** 508-446-1920

Experience: Cared for a spouse with PSP

Peer Supporter: Rev. Lee Riggs **City:** Natick, MA

Email: rev.riggs@gmail.com **Phone:** 843-424-7658

Experience: Cared for a spouse with PSP

Peer Supporter: Zach Rivers **City:** Somerville, MA

Email: zach_rivers@mac.com **Phone:** 404-405-9296

Experience: Cared for a parent with PSP

Peer Supporter: Lauren Simon **City:** Millis, MA

Email: lmcsimon@icloud.com **Phone:** 618-365-4984

Experience: Cared for a parent with PSP

Massachusetts Support Group for PSP/CBD/MSA care partners

Location: <https://us02web.zoom.us/join/zoom/register/tZcudumrrTMtHt18pczS5lWW35TWxr4mJKaX>

Meeting Time: 4th Tuesday of every month from 7:00-8:00pm ET

Facilitator: Tom Loewald, thomas.loewald@gmail.com, 508-446-1920

New Jersey

Peer Supporter: MaryAnn Boyle **City:** Green Brook, NJ

Email: kiwi3841@yahoo.com **Phone:** 732-752-3841

Experience: Cared for a parent with PSP/CBD

Peer Supporter: Erin Buterick **City:** Tuckerton, NJ
Email: ebuterick@gmail.com **Phone:** 609-713-8337
Experience: Cared for a parent with PSP

Peer Supporter: Steve Garcia **City:** Ringwood, NJ
Email: advancedstagespsp@gmail.com
Experience: Cared for a parent with PSP

Peer Supporter: June Kestenbaum **City:** Moorestown, NJ
Email: jkestenbaumhealth@gmail.com **Phone:** 609-410-9921
Experience: Cared for a parent with PSP

Peer Supporter: Andreanna Whittle **City:** Edison, NJ
Email: Andreanna.whittle@gmail.com **Phone:** 732-810-6444
Experience: Cared for a parent with PSP

New Jersey Support Groups

Location: Various meeting locations and times through MSA NJ -
<https://www.msanj.org/resources-2/msa-support-group-listings/>

New York

Peer Supporter: Amy Branch **City:** New York, NY
Email: amybranch6@gmail.com **Phone:** 919-614-3285
Experience: Cared for a parent with PSP

Peer Supporter: Jonathan Denby **City:** New York, NY
Email: jon@jondenby.com
Experience: Cared for a parent with PSP

Peer Supporter: Paola Mejia **City:** Flushing, NY
Email: paola.mejia6@gmail.com **Phone:** 347-256-9437
Experience: Caring for a parent with PSP

Peer Supporter: Jordan Reisner **City:** New York, NY
Email: jordanreisner@gmail.com **Phone:** 917-841-3260
Experience: Caring for a parent with PSP

Peer Supporter: Raphael Stern **City:** New York, NY
Email: rstern9@gmail.com **Phone:** 917-589-8660
Experience: Cared for a parent with PSP

Peer Supporter: Sarah Weingarten **City:** Niskayuna, NY
Email: sarah.weingarten@gmail.com **Phone:** 518-248-2560
Experience: Cared for a parent with PSP

New York City Support Group for PSP/CBD/MSA care partners

Location: Meeting virtually - contact facilitator for link

Meeting Time: 3rd Tuesday of every month from 7:00-8:00pm ET

Facilitator: Jane Jensen, jensen@att.net 561-598-9839, Co-facilitator: Janet Charleston

Pennsylvania

Peer Supporter: Shannon Heacock **City:** King of Prussia, PA

Email: shannon.heacock@gmail.com **Phone:** 215-260-3413

Experience: Cared for a parent with PSP

Peer Supporter: Susan McLaughlin **City:** Pittsburgh, PA

Email: susan.mclaughlin37@icloud.com **Phone:** 412-352-9369

Experience: Cared for a parent with PSP

Philadelphia Support Group for people with PSP/CBD/MSA/LBD and care partners

Location: Meeting virtually – contact facilitator for link

Meeting Time: 4th Monday of each month from 11:00am-12:00pm ET

Facilitator: Lauren Zelouf, MSW, LCSW, lauren.zelouf@pennmedicine.upenn.edu, 215-829-3038

Vermont

Peer Supporter: Janis Appel **City:** St. Albans, VT

Email: jappel1130@gmail.com **Phone:** 802-527-7398

Experience: Cared for a spouse with PSP/FTD

Peer Supporter: Mary Ford Clarke **City:** Bennington, VT

Email: mary.clarke322@gmail.com **Phone:** 516-361-2196

Experience: Caring for a spouse with PSP

Washington DC

Washington DC Support Group for PSP/MSA/CBD patients & care partners

Location: <https://us02web.zoom.us/join/zoom-join?secret=7230&secret2=7230>

Meeting Time: 2nd Saturday of each month from 2:00-3:30pm ET

Facilitator: Susan Wranik, MS, MSA CCC-SLP, susan@speakskill.com