



Southwest Region: Support for PSP/CBD/MSA

Peer Supporters

If you are in search of one-on-one conversation about the journey you are on, please find the names and contact information of our peer supporters. Peer supporters are available to offer practical care tips, connect with local resources, and provide emotional support. Feel free to reach out to anyone on this or other regional lists, regardless of location.

Support Groups

Support groups are safe and dedicated spaces to connect with and learn from individuals and families on similar journeys. CurePSP's network of regional support groups offers opportunities to meet others in your community impacted by PSP, CBD and MSA. You can also visit www.psp.org/inneedsupport/online-support-groups for CurePSP's national support groups.

Arizona

Peer Supporter: Ann Ludwig **City:** Tempe, AZ
Email: aludwig@asu.edu **Phone:** 602-318-0895
Experience: Cared for a spouse with PSP

Peer Supporter: Mike Krukar **City:** Sedona, AZ
Email: krukarlife2012@gmail.com **Phone:** 928-554-4329
Experience: Person with PSP

Arizona Support Group for people with PSP/CBD and care partners

Location: Meeting virtually each month:

<https://us02web.zoom.us/join/7XiQo0NGSN-jbrWrWzaeWw>

In April, August and December, the group will also meet in-person at:

Pyle Adult Recreation Center, 655 E Southern Ave, Tempe, AZ

Meeting Time: 2nd Saturday of the month at 1:30pm

Facilitator: Mike Castillo, mcnphx1@aol.com and Deborah Castillo, castild@hughes.net

Tucson Community Discussion Group for PSP/CBD/MSA care partners

Location: Meeting virtually on Zoom - contact organizer for link

Meeting Time: Every other Saturday at 2:00pm – contact Janell for more information

Organizer: Janell Merrill, janellmerrill@gmail.com

Please note: this group is not a typical “support group” because there is no trained facilitator present

New Mexico

Peer Supporter: Carolyn Rivera **City:** Albuquerque, NM
Email: carolynrivera@aol.com **Phone:** 703-955-1114
Experience: Cared for a parent with PSP

Peer Supporter: Roxi Padrid **City:** Corrales, NM
Email: roxipadrid@gmail.com **Phone:** 312-485-9342
Experience: Cared for a parent with PSP

Peer Supporter: Christine Wester **City:** Albuquerque, NM
Email: cwabq@msn.com **Phone:** 505-301-3242
Experience: Cared for a parent with PSP

Albuquerque Support Group for people with PSP/CBD/MSA and care partners

Location: Meeting virtually – contact facilitator for link
Meeting Time: 1st Tuesday of each month from 6:30pm-8:00pm
Facilitator: Roxi Padrid, roxipadrid@gmail.com, 312-485-9342

Texas

Peer Supporter: Christine Corser **City:** San Antonio, TX
Email: cccorsers@hotmail.com **Phone:** 908-528-0770
Experience: Cared for a parent with PSP

Peer Supporter: Karen Gibson **City:** Crowley, TX
Email: karenelizabethgibson@gmail.com **Phone:** 817-313-8867
Experience: Cared for a parent with PSP/CBD

Peer Supporter: Ileen McFarland **City:** Dallas, TX
Email: Ileen@TheMcFarlandBros.com **Phone:** 410-271-1818
Experience: Cared for a spouse with PSP

Peer Supporter: Colin Meyers **City:** Fort Worth, TX
Email: colinmeyers99@gmail.com **Phone:** 682-220-7790
Experience: Person with PSP

Peer Supporter: Julie Pope **City:** Cedar Hill, TX
Email: Juliepope626@yahoo.com **Phone:** 972-523-3468
Experience: Cared for a sibling with PSP

Austin/Central Support Group for people with PSP/CBD/MSA and care partners

Location:
<https://us02web.zoom.us/j/82184205391?pwd=cDRlRWxOSWEocXEzZENPT1RTMk5LUT09>
Meeting Time: 3rd Saturday of the month from 10:30am - 12:30pm CT
Facilitator: Judi Nudelman, jnudelman51@gmail.com, 512-964-1236

Dallas Support Group for people with PSP/CBD/MSA and care partners

Location: Meeting virtually - contact facilitator for link

Meeting Time: 3rd Friday of the month from 12:30pm – 2:00pm CT

Facilitator: Ileen McFarland, ileen@themcfarlandbros.com, 410-271-1818 and Lisa A. Henderson, PT, DPT, LSVT dersonlisa@ymail.com 432-638-5967

Houston Support Network for people with PSP/CBD/MSA and care partners

Location/Meeting Time: Contact facilitator to be added to **support group email chain**

Facilitator: Karen Kennemer, kennemerkaren45@gmail.com, 281-358-2282

Houston Support Group for people with PSP/CBD/MSA and care partners

Location/Meeting Time: Meeting virtually – contact facilitator for link

Meeting Time: 1st Thursday of the month from 10:00am – 11:00am CT

Facilitator: Celeste Harris, harris@haps.org 713-313-1706