



UNLOCKING THE SECRETS OF BRAIN DISEASE®

## CurePSP Online Support Groups

Support groups are safe and dedicated spaces to connect with and learn from individuals and families on similar journeys. To support our community of people impacted by progressive supranuclear palsy (PSP), corticobasal degeneration (CBD), and multiple system atrophy (MSA). CurePSP is pleased to offer a variety of national, virtual support groups. You can also find additional regional support offerings at <https://www.psp.org/ineedsupport/regional-support/>.

### Groups for people with the diagnosis *and/or* family care partners:

#### **PSP/CBD/MSA 101: An Educational Support Series for the Newly Diagnosed**

Meeting Time: March 16th, 17th and 18th from 1-2pm ET

[Click here to register](#)

Facilitator: Joanna Teters [teters@curepsp.org](mailto:teters@curepsp.org)

#### **Anyone impacted by PSP/CBD/MSA (diagnosed individuals, care partners, families, friends, etc.)**

Meeting Time(s): 3rd Thursday of every month from 3:00pm - 4:30pm ET

[Click here to register](#)

Meeting Tel: +1 646 558 8656 Meeting ID: 850 7745 0341

Facilitators: Jessica Shurer MSW, LCSW [shurer@curepsp.org](mailto:shurer@curepsp.org), Diane Breslow, [LCSWdbreslow11@icloud.com](mailto:LCSWdbreslow11@icloud.com)

#### **People with CBD and/or CBD Care Partners**

Meeting Time(s): 1st Tuesday of every month from 6:00 – 7:30pm ET

[Click here to register](#)

Meeting Tel: 213-929-4232 Meeting ID: 611-128-331 Facilitator: Karry Forsythe, [forsythe76@gmail.com](mailto:forsythe76@gmail.com)

#### **People with CBD and/or CBD Care Partners**

Meeting Time(s): 3rd Tuesday of each month from 4:00 – 5:30pm ET

[Click here to register](#)

Meeting Tel: +1 646 558 8656 Meeting ID: 896 6843 3995

Facilitator: Janet Edmunson, [janet@janetedmunson.com](mailto:janet@janetedmunson.com), 508-308-4195

#### **Group in Spanish for People with PSP/CBD/MSA and/or care partners**

Meeting Time(s): 4th Tuesday of each month from 5:30 – 6:30pm ET

[Click here to register](#)

Meeting Tel: +1 646 558 8656 Meeting ID: 845 0530 1236

Facilitator: Maria Herrera, MBA, BSN-RN, [maria.herrera@ynhh.org](mailto:maria.herrera@ynhh.org)

## **For people who are diagnosed:**

### **People with PSP**

Meeting Time(s): 2nd and 4th Monday of each month from 7:30pm - 8:30pm ET

[Click here to register](#)

Meeting Tel: +1 646 558 8656 Meeting ID: 842 3545 0057

Facilitator: Margo Silk, [marsilk115@aol.com](mailto:marsilk115@aol.com), 609-265-7070

### **People with MSA**

Meeting Time(s): 4th Monday of each month from 8:00 – 9:00pm ET

[Click here to register](#)

Meeting Tel: +1 646 558 8656 Meeting ID: 810 8982 6414

Facilitator: Alicia Leech, [leechacademy6@gmail.com](mailto:leechacademy6@gmail.com)

### **People with CBD**

Meeting Time(s): 4th Wednesday of each month from 2:00 – 3:00pm ET

[Click here to register](#)

Meeting Tel: +1 646 558 8656 Meeting ID: 845 2683 4104

Facilitator: Eugenia Bilotta, [eabilotta26@gmail.com](mailto:eabilotta26@gmail.com)

### **Flying Solo: A Support Group for those with PSP/CBD/MSA who are living alone and/or do not have a care partner**

Meeting Time(s): 3rd Wednesday of each month from 2:00 – 3:30pm ET

[Click here to register](#)

Meeting Tel: +1 646 558 8656 Meeting ID: 850 7745 0341

Facilitators: Diane Breslow, LCSW [dbreslow11@icloud.com](mailto:dbreslow11@icloud.com), Adriana Gonzalez, LCSW [acg008@health.ucsd.edu](mailto:acg008@health.ucsd.edu)

## **For care partners/other loved ones:**

### **Any Care Partners of People with PSP/CBD/MSA**

Meeting Time(s): 2nd Thursday of every month from 3:00 - 4:30pm ET

[Click here to register](#)

Meeting Tel: +1 646 558 8656 Meeting ID: 842 6151 1733

Facilitators: Diane Breslow, LCSW [dbreslow11@icloud.com](mailto:dbreslow11@icloud.com) and Ileen McFarland, [ileen@earthlink.net](mailto:ileen@earthlink.net)

### **Women Care Partners of People with PSP/CBD/MSA Support Group**

Meeting Time(s): 1st Thursday of each month from 2:30pm - 4:00pm ET and 3rd Wednesday of each month from 6:30 - 8:00pm ET

[Click here to register](#)

Meeting Tel: +1 646 558 8656 Meeting ID: 865 0612 9819

Facilitator: Roxi Padrid, [roxipadrid@gmail.com](mailto:roxipadrid@gmail.com), Fran Gardner, [franbgardner@gmail.com](mailto:franbgardner@gmail.com)

### **Men Care Partners of People with PSP/CBD/MSA Support Group**

Meeting Time(s): 1st Tuesday of each month from 8:00 - 9:00pm ET and first Thursday of each month from 5:00 - 6:00pm ET

[Click here to register](#)

Meeting Tel: +1 646 558 8656 Meeting ID: 865 1420 0051

Facilitators: Tom Tait, [tom.tait@comcast.net](mailto:tom.tait@comcast.net) and Bill Furlow, [billfurlownc@gmail.com](mailto:billfurlownc@gmail.com)

### **Care Partners of People with PSP**

Meeting Time(s): 3rd Tuesday of each month from 8:00 – 9:30pm ET

[Click here to register](#)

Meeting Tel: +1 646 558 8656 Meeting ID: 818 9086 2483

Facilitator: Janet Edmunson, [janet@janetedmunson.com](mailto:janet@janetedmunson.com), 508-308-4195

### **Care Partners of People with MSA**

Meeting Time(s): 1st Monday of each month from 8:00pm - 9:00pm ET

[Click here to register](#)

Meeting Tel: +1 646 558 8656 Meeting ID: 867 8292 3273

Facilitator: Tom Tait, [tom.tait@comcast.net](mailto:tom.tait@comcast.net), 856-725-2450

### **Adult Children of People with PSP/CBD/MSA**

Meeting Time(s): 2nd Wednesday of each month from 8:00 - 9:30pm ET

[Click here to register](#)

Meeting Tel: +1 646 558 8656 Meeting ID: 818 0095 9865

Facilitator: Laurie Spindler, [lspindler16@gmail.com](mailto:lspindler16@gmail.com)

### **Young adult children and grandchildren of people with PSP/CBD/MSA**

Meeting Time(s): 1st Saturday of every month from 2:00-3:00pm ET

[Click here to register](#)

Meeting Tel: +1 646 558 8656 Meeting ID: 857 6203 7955

Facilitators: Emma Wodwaski [emmawodwaski@gmail.com](mailto:emmawodwaski@gmail.com), Taylor Mann

[taylorrmann23@gmail.com](mailto:taylorrmann23@gmail.com) and Sanjay Geevarghese [sanjaygeevarghese@gmail.com](mailto:sanjaygeevarghese@gmail.com)

Note: Taylor, Sanjay and Emma have personal experience as grandchildren of people living with these diseases. You are welcome to reach out to them if you would prefer to connect individually or before attending the group, if you have questions or want to see if it is right for you.

### **Care partners of People with Advanced PSP/CBD/MSA**

Meeting Time(s): 4th Wednesday of each month from 7:00pm - 8:00pm ET

[Click here to register](#)

Meeting Tel: +1 646 558 8656 Meeting ID: 868 0636 0161

Facilitator: Steve Garcia, [advancedstagespsp@gmail.com](mailto:advancedstagespsp@gmail.com), 551-308-5806

### **Bereavement Support Group for Care Partners**

Meeting Time(s): 3rd Tuesday of each month from 2:00 - 3:30pm ET

[Click here to register](#)

Meeting Tel: +1 646 558 8656 Meeting ID: 880 1661 4170

Facilitators: Diane Breslow, LCSW [dbreslow11@icloud.com](mailto:dbreslow11@icloud.com) and Meghan Fera, LCSW [mferalcsw@gmail.com](mailto:mferalcsw@gmail.com)

### **Bereavement Support Group for Adult Children Care Partners**

Meeting Time(s): 1st Tuesday of each month from 7:00-8:00pm ET

[Click here to register](#)

Meeting Tel: +1 646 558 8656 Meeting ID: 812 8924 8820

Facilitators: Kathy DeMarco, [disneykat@aol.com](mailto:disneykat@aol.com) and Salin Geevarghese, [geevarghese@curepsp.org](mailto:geevarghese@curepsp.org)