



## **Pacific/Mountain Region: Support for PSP/CBD/MSA**

### **Peer Supporters**

If you are in search of one-on-one conversation about the journey you are on, please find the names and contact information of our peer supporters. Peer supporters are available to offer practical care tips, connect with local resources, and provide emotional support. Feel free to reach out to anyone on this or other regional lists, regardless of location.

### **Support Groups**

Support groups are safe and dedicated spaces to connect with and learn from individuals and families on similar journeys. CurePSP's network of regional support groups offers opportunities to meet others in your community impacted by PSP, CBD and MSA. You can also visit [www.psp.org/ineedsupport/online-support-groups](http://www.psp.org/ineedsupport/online-support-groups) for CurePSP's national support groups.

### **California**

**Peer Supporter:** Chloe Heath **City:** Santa Clara, CA

**Email:** [cheath@scu.edu](mailto:cheath@scu.edu) **Phone:** 314-220-6409

**Experience:** Caring for a parent with PSP

**Peer Supporter:** Eric Kim **City:** San Jose, CA

**Email:** [erickim44@hotmail.com](mailto:erickim44@hotmail.com) **Phone:** 408-493-3086

**Experience:** Cared for a parent with CBD

**Peer Supporter:** John O'Rorke **City:** Fresno, CA

**Email:** [jcororke82@gmail.com](mailto:jcororke82@gmail.com) **Phone:** 559-981-7696

**Experience:** Cared for a spouse with PSP

**Peer Supporter:** Deidre Reed **City:** Los Angeles, CA

**Email:** [deidre@reedwrites.com](mailto:deidre@reedwrites.com) **Phone:** 310-560-7560

**Experience:** Cared for a parent with PSP

**Peer Supporter:** Sharon Reichardt Walker **City:** Cupertino, CA

**Email:** [sharon007walker@gmail.com](mailto:sharon007walker@gmail.com) **Phone:** 650-773-6107

**Experience:** Cared for a spouse with PSP

**Peer Supporter:** Raynell Bales **City:** Cerritos, CA

**Email:** [raybales@gmail.com](mailto:raybales@gmail.com) **Phone:** 562-316-4202

**Experience:** Cared for a parent with PSP



## **Hawaii**

### **Hawaii Support Group for people with PSP/CBD/MSA and care partners**

**Location:** Meeting virtually – call 808-691-4577 for link

**Associated Medical Center:** Queen's Medical Center

**Meeting Time:** 2<sup>nd</sup> Friday of each month from 12:00-1:00pm HST

## **Oregon**

### **Oregon Support Group for PSP and MSA care partners**

**Location:** Meeting virtually - contact facilitator for link

**Meeting times:** 3<sup>rd</sup> Fridays of the month, 12-2pm PST

**Facilitator:** Parkinson's Resources of Oregon, 800-426-6806, [info@parkinsonsresources.org](mailto:info@parkinsonsresources.org)

### **Oregon Support Group for people with PSP and MSA and care partners**

**Location:** Meeting virtually - contact facilitator for link

**Meeting times:** 4<sup>th</sup> Saturdays of the month, 10:30am-12:00pm PST

**Facilitator:** Akiko Erwin, 503-853-9584; Or contact Parkinson's Resources of Oregon for questions at 800-426-6806, [info@parkinsonsresources.org](mailto:info@parkinsonsresources.org)

**Peer Supporter:** Laurie Barr **City:** Wilsonville, OR

**Email:** [lauriebarr503@gmail.com](mailto:lauriebarr503@gmail.com) **Phone:** 503-523-9970

**Experience:** Cared for a parent with PSP

## **Utah**

### **University of Utah Support Group for people with PSP/CBD/MSA and care partners**

**Location:** Meeting virtually - contact facilitator for link

**Associated Medical Center:** University of Utah

**Meeting Time:** 2<sup>nd</sup> Thursday of each month from 5- 6pm

**Facilitator:** Sidney Heil, CHES [sidney.heil@hsc.utah.edu](mailto:sidney.heil@hsc.utah.edu), 801-585-2354

## **Washington**

**Peer Supporter:** Chamu Kallem **City:** Redmond, WA

**Email:** [chamukallem@gmail.com](mailto:chamukallem@gmail.com) **Phone:** 425-563-5590

**Experience:** Cared for a parent with PSP

### **Seattle APDA Atypical Support Group**

**Location:** Meeting virtually - contact facilitator for link

**Meeting Time:** 4<sup>th</sup> Monday of every month at 11:00am PT

**Facilitator:** Katie Freeman, 206.507.4091, [kfreeman@apdaparkinson.org](mailto:kfreeman@apdaparkinson.org)