



UNLOCKING THE SECRETS OF BRAIN DISEASE®

## **Northeast Region: Support for PSP/CBD/MSA**

### **Peer Supporters**

If you are in search of one-on-one conversation about the journey you are on, please find the names and contact information of our peer supporters. Peer supporters are available to offer practical care tips, connect with local resources, and provide emotional support. Feel free to reach out to anyone on this or other regional lists, regardless of location.

### **Support Groups**

Support groups are safe and dedicated spaces to connect with and learn from individuals and families on similar journeys. CurePSP's network of regional support groups offers opportunities to meet others in your community impacted by PSP, CBD and MSA. You can also visit [www.psp.org/ineedsupport/online-support-groups](http://www.psp.org/ineedsupport/online-support-groups) for CurePSP's national support groups

### **Connecticut**

**Peer Supporter:** Susanne McAvoy **City:** Darien, CT  
**Email:** [susanne.mcavoy@gmail.com](mailto:susanne.mcavoy@gmail.com) **Phone:** 917-846-5102  
**Experience:** Cared for a parent with PSP

**Peer Supporter:** Allen Nixon **City:** Farmington, CT  
**Email:** [aleinixon@comcast.net](mailto:aleinixon@comcast.net) **Phone:** 860-307-6862  
**Experience:** Cared for a spouse with PSP

**Peer Supporter:** Joanna Rieger **City:** Darien, CT  
**Email:** [joannasweber@yahoo.com](mailto:joannasweber@yahoo.com) **Phone:** 917-509-0094  
**Experience:** Cared for a parent with PSP

### **Connecticut Support Group for PSP/CBD/MSA care partners**

**Location:** Meeting virtually - contact facilitator for link  
**Meeting Time:** 4th Thursday of the month from 6:30pm – 7:30pm ET  
**Facilitator:** Al Nixon, [aleinixon@comcast.net](mailto:aleinixon@comcast.net)

### **Maine**

**Peer Supporter:** Janet Edmunson **City:** South Portland, ME  
**Email:** [janet@janetedmunson.com](mailto:janet@janetedmunson.com) **Phone:** 508-308-4195  
**Experience:** Cared for a spouse with PSP/CBD

### **Maine Support Group for people with PSP/CBD/MSA and care partners**

**Location:** <https://uso2web.zoom.us/join/9125283838>



**Peer Supporter:** Erin Buterick **City:** Tuckerton, NJ  
**Email:** [ebuterick@gmail.com](mailto:ebuterick@gmail.com) **Phone:** 609-713-8337  
**Experience:** Cared for a parent with PSP

**Peer Supporter:** Steve Garcia **City:** Ringwood, NJ  
**Email:** [advancedstagespsp@gmail.com](mailto:advancedstagespsp@gmail.com) **Phone:** 1-551-308-5806  
**Experience:** Cared for a parent with PSP

**Peer Supporter:** Andreanna Whittle **City:** Edison, NJ  
**Email:** [Andreanna.whittle@gmail.com](mailto:Andreanna.whittle@gmail.com) **Phone:** 732-810-6444  
**Experience:** Cared for a parent with PSP

## New York

**Peer Supporter:** Amy Branch **City:** New York, NY  
**Email:** [amybranch6@gmail.com](mailto:amybranch6@gmail.com) **Phone:** 919-614-3285  
**Experience:** Cared for a parent with PSP

**Peer Supporter:** Jonathan Denby **City:** New York, NY  
**Email:** [jon@jondenby.com](mailto:jon@jondenby.com)  
**Experience:** Cared for a parent with PSP

**Peer Supporter:** Nancy Flesch **City:** Riverhead, NY  
**Email:** [nflesch@usa.net](mailto:nflesch@usa.net) **Phone:** 631-645-4278  
**Experience:** Caring for a spouse with PSP

**Peer Supporter:** Paola Mejia **City:** Flushing, NY  
**Email:** [paola.mejia6@gmail.com](mailto:paola.mejia6@gmail.com) **Phone:** 718-496-0825  
**Experience:** Cared for a parent with PSP

**Peer Supporter:** Jordan Reisner **City:** New York, NY  
**Email:** [jordanreisner@gmail.com](mailto:jordanreisner@gmail.com) **Phone:** 917-841-3260  
**Experience:** Caring for a parent with PSP

**Peer Supporter:** Raphael Stern **City:** New York, NY  
**Email:** [rstern9@gmail.com](mailto:rstern9@gmail.com) **Phone:** 917-589-8660  
**Experience:** Cared for a parent with PSP

## **New York City Support Group for PSP/CBD/MSA care partners**

**Location:** Meeting virtually - contact facilitator for link  
**Meeting Time:** 3<sup>rd</sup> Tuesday of every month from 7:00-8:00pm ET  
**Facilitator:** Jane Jensen, [jensen@att.net](mailto:jensen@att.net) 561-598-9839

## Pennsylvania

**Peer Supporter:** Katy Jopperi-Davis **City:** Pittsburgh, PA  
**Email:** [dkmdavisfamily@gmail.com](mailto:dkmdavisfamily@gmail.com) **Phone:** 330-933-9030

**Experience:** Cared for a parent with PSP

**Peer Supporter:** Susan McLaughlin **City:** Pittsburgh, PA

**Email:** [susan.mclaughlin37@icloud.com](mailto:susan.mclaughlin37@icloud.com) **Phone:** 412-352-9369

**Experience:** Cared for a parent with PSP

### **Philadelphia Support Group for people with PSP/CBD/MSA/LBD and care partners**

**Location:** Meeting virtually – contact facilitator for link

**Meeting Time:** Meets monthly on a Monday from 11:00am-12:00pm ET

**Facilitator:** Lauren Zelouf, MSW, LCSW, [lauren.zelouf@pennmedicine.upenn.edu](mailto:lauren.zelouf@pennmedicine.upenn.edu), 215-829-3038

### **Vermont**

**Peer Supporter:** Janis Appel **City:** St. Albans, VT

**Email:** [jappel1130@gmail.com](mailto:jappel1130@gmail.com) **Phone:** 802 734-7450

**Experience:** Cared for a spouse with PSP/FTD

**Peer Supporter:** Mary Ford Clarke **City:** Bennington, VT

**Email:** [mary.clarke322@gmail.com](mailto:mary.clarke322@gmail.com) **Phone:** 516-361-2196

**Experience:** Caring for a spouse with PSP

### **Washington DC**

#### **Washington DC Support Group for PSP/MSA/CBD patients & care partners**

**Location:** [https://us02web.zoom.us/meeting/register/tZYocu-qqjwpHNTKmoFxpKt7LGigfDAry23Q](https://us02web.zoom.us/join/https://us02web.zoom.us/meeting/register/tZYocu-qqjwpHNTKmoFxpKt7LGigfDAry23Q)

**Meeting Time:** 2nd Saturday of each month from 2:00-3:30pm ET

**Facilitator:** Susan Wranik, MS, MSA CCC-SLP, [susan@speakskill.com](mailto:susan@speakskill.com)