UNLOCKING THE SECRETS OF BRAIN DISEASE®

International: Support for PSP/CBD/MSA

Peer Supporters

If you are in search of one-on-one conversation about the journey you are on, please find the names and contact information of our peer supporters. Peer supporters are available to offer practical care tips, connect with local resources, and provide emotional support. Feel free to reach out to anyone on this or other regional lists, regardless of location.

Support Groups

Support groups are safe and dedicated spaces to connect with and learn from individuals and families on similar journeys. CurePSP's network of regional support groups offers opportunities to meet others in your community impacted by PSP, CBD and MSA. You can also visit www.psp.org/ineedsupport/online-support-groups for CurePSP's national support groups

Canada

Peer Supporter: Riel Hishon ***City:*** Toronto, ON
Email: riel.hishon@gmail.com ***Phone:*** 647-225-6220
Relationship to diagnosis: Cared for a parent with PSP
Availability: Evenings/weekends
Languages: English and French

Montreal Facebook Group for People with PSP/MSA/CBD/LBD and Care Partners
Location:
https://www.facebook.com/groups/3473422349337693/?ref=share&fs=e&s=cl
Associated Medical Center: Centre Hospitalier de L'Université de Montreal

PSP Society of Canada's Support Group for PSP/CBD/MSA Patients and/or Care Partners
Location: Meeting virtually - See PSP Canada Events Page:
https://www.pspsocietycanada.ca/support-groups
Meeting Time: 3rd Wednesday of every month at 7:30pm ET
Facilitator: Stéphane Hetherington, info@pspsocietycanada.ca

PSP Society of Canada's Support Group for PSP/CBD/MSA Care Partners
Location: Meeting virtually - See PSP Canada Events Page:
https://www.pspsocietycanada.ca/support-groups
Meeting Time: 2nd Tuesday of every month at 6:30pm ET
Facilitator: Darellynn Oo, info@pspsocietycanada.ca

University of Toronto's Support Group for People with PSP/CBD/MSA and Care Partners
Location: Meeting virtually. Click here to register
Meeting time: Meeting four times each year on the last Wednesday of the month in: September, January, March, and June, at 12pm ET
Facilitators: Rossy PSP Centre's Nurse Practitioner and Program Coordinator, rossypsp@uhn.ca

Alberta Support Group for People with PSP/CBD/MSA and Care Partners
Location: Meeting virtually on Zoom – contact facilitator for link
Meeting Time: 1st Tuesday of each month from 10:00 – 11:00 AM MST
Facilitator: Parkinson Association of Alberta - clientservices@parkinsonassociation.ca or 1-800-561-1911

Hamilton Support Group for People with PSP/CBD/MSA and Care Partners
Location: Meeting virtually - contact facilitator for link or visit (https://pspawareness.com/pages/zoom-support-meetings-for-psp)
Meeting Time: *E*very Thursday from 7:00pm-9:00pm ET
Facilitator: Kate Borgert, info@coleencunninghamfoundation.com, 905-616-9433

British Columbia Support Group for People with PSP/MSA/CBD/LBD and Care Partners
Location: Contact facilitator for location
Associated Medical Center: Movement Disorder Clinic, Djavad Mowafaghian Center for Brain Health, University of British Columbia
Meeting Time: 4th Friday of every month from 1:00pm-3:30pm, except December
Facilitator: Bob Brett, curepspbc@gmail.com, 604-930-8150

Ontario Support Group for People with PSP/CBD/MSA and Care Partners
Location: Port Nelson United Church, 3132 South Drive, Burlington ON
Meeting Time: *Last Monday* of every month from 1:00pm-3:00pm (No December Meeting)
Facilitator: January Will, info@coleencunninghamfoundation.com, 905-616-9433

India

India WhatsApp Group for People with PSP and Care Partners
Contact gutt@curepsp.org to be added to the group

Kuwait

Peer Supporter: Noha Al-Awadi ***City:*** Jabriya
Email: noha.alawadi@gmail.com ***Phone:*** + 965 66612660
Experience: Cared for a parent with PSP/PD