UNLOCKING THE SECRETS OF BRAIN DISEASE®

CurePSP Online Support Groups

Support groups are safe and dedicated spaces to connect with and learn from individuals and families on similar journeys. To support our community of people impacted by progressive supranuclear palsy (PSP), corticobasal degeneration (CBD), and multiple system atrophy (MSA). CurePSP is pleased to offer a variety of national, virtual support groups.You can also find additional regional support offerings at https://www.psp.org/ineedsupport/regional-support/.

Groups for people with the diagnosis *and/or* family care partners:

Anyone Impacted by PSP/CBD/MSA (diagnosed individuals, care partners, families, friends, etc.)

Meeting Time(s): 3rd Thursday of every month from 3:00pm - 4:30pm ET
Click here to register
Meeting Tel: +1 646 558 8656 Meeting ID: 850 7745 0341
Facilitators: Jessica Shurer MSW, LCSW shurer@curepsp.org and Diane Breslow, LCSWdbreslow11@icloud.com

People with CBD and/or CBD Care Partners

Meeting Time(s): 1st Tuesday of every month from 6:00 – 7:30pm ET
Click here to register
Meeting Tel: 213-929-4232 Meeting ID: 611-128-331
Facilitator: Karry Forsythe, forsythe76@gmail.com

People with CBD and/or CBD Care Partners

Meeting Time(s): 3rd Tuesday of each month from 4:00 – 5:30pm ET
Click here to register
Meeting Tel: +1 646 558 8656 Meeting ID: 896 6843 3995
Facilitator: Janet Edmunson, janet@janetedmunson.com, 508-308-4195

Groups for people who are diagnosed:

People with PSP

Meeting Time(s): 2nd and 4th Monday of each month from 7:30pm - 8:30pm ET
Click here to register
Meeting Tel: +1 646 558 8656 Meeting ID: 842 3545 0057
Facilitator: Margo Silk, marsilk115@aol.com, 609-265-7070

People with MSA
Meeting Time(s): 4th Monday of each month from 8:00 – 9:00pm ET
Click here to register
Meeting Tel: +1 646 558 8656 Meeting ID: 810 8982 6414
Facilitator: Alicia Leech, leechacademy6@gmail.com

People with CBD
Meeting Time(s): 4th Wednesday of each month from 2:00 – 3:00pm ET
Click here to register
Meeting Tel: +1 646 558 8656 Meeting ID: 845 2683 4104
Facilitator: Eugenia Bilotta, eabilotta26@gmail.com and Jessica Shurer MSW, LCSW shurer@curepsp.org

Flying Solo: A Support Group for those with PSP/CBD/MSA who are living alone and/or do not have a care partner
Meeting Time(s): 3rd Wednesday of each month from 2:00 – 3:30pm ET
Click here to register
Meeting Tel: +1 646 558 8656 Meeting ID: 850 7745 0341
Facilitators: Diane Breslow, LCSW dbreslow11@icloud.com and Adriana Gonzalez, LCSW acg008@health.ucsd.edu

Groups for care partners/other loved ones:

Any Care Partners of People with PSP/CBD/MSA
Meeting Time(s): 2nd Thursday of every month from 3:00 - 4:30pm ET
Click here to register
Meeting Tel: +1 646 558 8656 Meeting ID: 842 6151 1733
Facilitators: Diane Breslow, LCSW dbreslow11@icloud.com and Ileen McFarland, ileen@earthlink.net

Women Care Partners of People with PSP/CBD/MSA Support Group
Meeting Time(s): 1st Thursday of each month from 2:30pm - 4:00pm ET and 3rd Wednesday of each month from 6:30 - 8:00pm ET
Click here to register
Meeting Tel: +1 646 558 8656 Meeting ID: 865 0612 9819
Facilitator: Roxi Padrid, roxipadrid@gmail.com and Fran Gardner, franbgardner@gmail.com

Men Care Partners of People with PSP/CBD/MSA Support Group
Meeting Time(s): 1st Tuesday of each month from 8:00 - 9:00pm ET and first Thursday of each month from 5:00 - 6:00pm ET
Click here to register
Meeting Tel: +1 646 558 8656 Meeting ID: 865 1420 0051
Facilitators: Tom Tait, tom.tait@comcast.net and Bill Furlow, billfurlownc@gmail.com

Care Partners of People with PSP
Meeting Time(s): 3rd Tuesday of each month from 8:00 – 9:30pm ET
Click here to register
Meeting Tel: +1 646 558 8656 Meeting ID: 818 9086 2483
Facilitator: Janet Edmunson, janet@janetedmunson.com, 508-308-4195

Care Partners of People with MSA
Meeting Time(s): 1st Monday of each month from 8:00pm - 9:00pm ET
Click here to register
Meeting Tel: +1 646 558 8656 Meeting ID: 867 8292 3273
Facilitator: Tom Tait, tom.tait@comcast.net, 856-725-2450

Adult Children of People with PSP/CBD/MSA
Meeting Time(s): 2nd Wednesday of each month from 8:00 - 9:30pm ET
Click here to register
Meeting Tel: +1 646 558 8656 Meeting ID: 818 0095 9865
Facilitator: Laurie Spindler, lspindler16@gmail.com

Young Adult Children and Grandchildren of People with PSP/CBD/MSA
Meeting Time(s): 1st Saturday of every month from 2:00-3:00pm ET
Click here to register
Meeting Tel: 312-626-6799 Meeting ID: 892 9123 6613
Facilitators: Emma Wodwaski emmawodwaski@gmail.com, Taylor Mann taylorrmann23@gmail.com and Sanjay Geevarghese sanjaygeevarghese@gmail.com
Note: Taylor, Sanjay and Emma have personal experience as grandchildren of people living with these diseases. You are welcome to reach out to them if you would prefer to connect individually or before attending the group, if you have questions or want to see if it is right for you.

Care Partners of People with Advanced PSP/CBD/MSA
Meeting Time(s): 4th Wednesday of each month from 7:00pm - 8:00pm ET
Click here to register
Meeting Tel: +1 646 558 8656 Meeting ID: 868 0636 0161
Facilitator: Steve Garcia, advancedstagespsp@gmail.com, 551-308-5806

Bereavement Support Group for Anyone Impacted by PSP/CBD/MSA
Meeting Time(s): 3rd Tuesday of each month from 2:00 - 3:30pm ET
Click here to register
Meeting Tel: +1 646 558 8656 Meeting ID: 880 1661 4170
Facilitators: Diane Breslow, LCSW dbreslow11@icloud.com and Rachel Gutt, LCSW gutt@curepsp.org

Bereavement Support Group for Adult Children
Meeting Time(s): 1st Tuesday of each month from 8:00-9:00pm ET
Click here to register
Meeting Tel: +1 646 558 8656 Meeting ID: 812 8924 8820
Facilitators: Kathy DeMarco, disneykat@aol.com and Christine Robleza, crobleza@gmail.com