

# Patient and Caregiver Education Day: Parkinson's Disease, Atypical Parkinsonisms, and Other Prime of Life Diseases

**THURSDAY, APRIL 11, 2019**

**8:30 AM – 3:30 PM EDT**

In collaboration with:

## **Sheltering Arms Physical Rehabilitation Centers**

Cultural Arts Center at Glen Allen  
2880 Mountain Road  
Cardinal Ballroom  
Glen Allen, VA 23060

This program is designed to connect patients and family members to a variety of movement disorders providers, including physicians, physical therapists, occupational therapists, and speech-language pathologists who specialize in the evaluation and treatment of individuals with Parkinson's disease, atypical parkinsonisms, and other prime of life diseases. Diagnosis, symptom management, rehabilitation strategies, mood and emotions, and available programs and resources will be discussed. Attendees will feel more empowered to advocate for their medical, rehabilitation, and emotional needs after this program. They will also receive practical tools that will help them formulate a plan for their healthcare journey.

## **AGENDA\***

### **8:30 – 9:00am:**

Light Breakfast and Registration

### **9:00 – 9:15am:**

Introductions and Overview of Prime of Life Diseases

### **9:15 – 9:30am:**

Managing Cognitive and Behavioral Changes

### **9:30 – 9:45am:**

Drug-Induced or Amplified Parkinsonian Features

### **9:45 – 10:00am:**

Management of Tone: Botox?

### **10:00 – 10:30am:**

Panel Q&A

### **10:30 – 10:45am:**

BREAK

### **10:45 – 11:00am:**

GI Symptoms in Parkinsonism

### **11:00 – 11:15am:**

Swallow Safety:  
Diets & Considerations for PEG Placement

### **11:15 – 11:30am:**

Building Your Wellness Team

### **11:30 – 12:00pm:**

Panel Q&A

### **12:00 – 1:00pm:**

LUNCH

### **1:00 – 1:15pm:**

Improving and Maintaining Strength: Exercise Review

### **1:15 – 1:30pm:**

Pelvic PT: What Is It and Who Is It For?

### **1:30 – 1:45pm:**

Choosing the Best Equipment For Me

### **1:45 – 2:00pm:**

Managing Dizziness and Visual Changes

### **2:00 – 2:30pm:**

Panel Q&A

### **2:30 – 2:45pm:**

Closing Remarks

*\* Agenda is subject to change.*

## **REGISTER TODAY!**

[curepspatient2019.eventbrite.com](https://curepspatient2019.eventbrite.com)

### **For further information, contact:**

Jaclyn Zendrian, Vice President - Events

[Zendrian@cureps.org](mailto:Zendrian@cureps.org) Phone: 347-294-2831

# **curePSP®**

UNLOCKING THE SECRETS OF BRAIN DISEASE®

1216 Broadway  
2nd Floor  
New York, NY 10001  
347-294-2873 (CURE)

[info@cureps.org](mailto:info@cureps.org)

[www.cureps.org](http://www.cureps.org)

[Facebook.com/cureps.foundation](https://Facebook.com/cureps.foundation)

©2019 CurePSP, Inc. CurePSP, Unlocking the Secrets of Brain Disease, and Because Hope Matters are registered trademarks of CurePSP, Inc.