



UNLOCKING THE SECRETS OF BRAIN DISEASE®

Midwest Region: Support Groups for PSP/MSA/CBD

CurePSP encourages and organizes groups that foster face-to-face communication, exchange of ideas and information, and comforting interaction for families facing a diagnosis of prime of life neurodegeneration. Many people dealing with these feel that others in their lives cannot understand what they are going through, so talking with someone who has been on the journey, and who can provide insight and advice, is very beneficial. The groups are for carepartners, family members, friends, and people with PSP, CBD, MSA, or a related disease looking for comfort and support from others in the community. They are all facilitated by our dedicated volunteers, most of whom have been on this journey and can provide unique insight from a personal perspective. If you are not ready to communicate with a group or are looking for a more one-on-one conversation about the journey you are on, please find the names and contact information of our peer supporters listed state-by-state below. Peer supporters are available for practical conversations, recommendations for doctors, emotional support, or any other type of question. For any further information or to be added to this list, please contact Joanna Teters at teters@curepsp.org

Illinois

Support Groups

Chicagoland Support Group for PSP/MSA/CBD caregivers

Meeting Virtually: No

Meeting Registration Link: Contact facilitator to get information on in-person meetings

Meeting Time(s): First Saturday of every other month from 1:30pm - 3:30pm

Contact the facilitator: David Takehara, davidtakehara@gmail.com, 847-452-1609

Peer Supporters

Name: Patti Sellers **City:** Breese **Disease Familiarity:** PSP

Email: patti@equity55.com **Phone:** 618-604-8639

Name: Paul Strandquist **City:** Chicago **Disease Familiarity:** PSP

Email: paulstrandquist6@gmail.com **Phone:** 312-735-3607

Name: Doris Driscoll **City:** Fairview Heights **Disease Familiarity:** PSP

Email: dorisann11@hotmail.com **Phone:** 618-616-7842

Name: Diane Breslow **City:** Chicago **Disease Familiarity:** PSP/CBD/MSA/FTD/PD

Email: dbreslow11@icloud.com **Phone:** 847-542-0723

Name: Dean Monti **City:** Glen Ellyn **Disease Familiarity:** PSP

Email: dean.monti@gmail.com **Phone:** 312-520-0337

Indiana

Peer Supporters

Name: Karen Newell **City:** Elizabethtown **Disease Familiarity:** PSP/CBD
Email: kfoxnewell@aol.com **Phone:** 812-343-6394

Kansas

Support Groups

Kansas City Support Group for PSP/MSA/CBD caregivers

Meeting Virtually: No

Meeting Registration Link: Contact facilitator to receive information about in-person meetings

Associated Medical Center: University of Kansas Medical Center

Meeting Time(s): 3rd Wednesday of every month from 6:30-8:00pm

Contact the facilitator: Tam Smith, 913-645-5254, rsofan@aol.com

Michigan

Support Groups

Michigan Support Group for PSP/MSA/CBD patients and caregivers

Meeting Virtually: Yes

Meeting Time(s): 3rd Monday of each month at 8:00pm Eastern

Contact the facilitator: Mary Meagher, 269-267-3117, mmeagher@mei.net

Peer Supporters

Name: Abby Segal **City:** Bloomfield Hills **Disease Familiarity:** PSP
Email: avivabatia@aol.com **Phone:** 215-280-6144

Name: Gary Mattson **City:** Marquette **Disease Familiarity:** PSP
Email: gmattson@new.rr.com **Phone:** 906 250-1243

Name: Nadine Wodwaski **City:** Troy **Disease Familiarity:** PSP
Email: jnnwodwaski@hotmail.com **Phone:** 248-719-8165

Name: Emma Wodwaski **City:** Troy **Disease Familiarity:** PSP
Email: ewodwaski@gmail.com **Phone:** 248-590-1185

Minnesota

Support Groups

Michigan Support Group for PSP/MSA/CBD patients and caregivers

Meeting Virtually: No

Associated Medical Center: Struthers Parkinson's Center

Meeting Time(s): 2nd Wednesday of the month from 1:00-2:30pm

Contact the facilitator: Joan Hlas, joan.hlas@parknicollet.com, 952-993-6650

Ohio

Support Groups

Cleveland Support Group for PSP patients and caregivers

Meeting Virtually: No, meetings set to resume January 2021

Meeting Registration Link: Contact facilitator to get on in-support group list

Meeting Time(s): 2nd Sunday of each month from 2:00pm - 3:00pm

Contact the facilitator: Dave Potter, 440-263-5330, davepotter7@gmail.com, Pat Beekman 440-234-0007

Central Ohio Support Group for PSP/MSA/CBD patients and caregivers

Meeting Virtually: Yes

Meeting Registration Link: Contact facilitator for link

Associated Medical Center: Ohio Health Riverside Methodist Hospital - Dempsey Center

Meeting Time(s): 1st and 3rd Saturday of each month from 11:30am - 1:00pm

Contact the facilitator: Nancy Montgomery centralohiopspgroup@gmail.com

Mason Support Group for PSP/MSA/CBD caregivers

Meeting Virtually: No

Meeting Registration Link: Contact facilitator to get on in-support group list

Meeting Time(s): 3rd Wednesday of every month 2:00pm-3:30pm

Contact the facilitator: Vicki Werden, 513-874-3002 vwerden@gmail.com or Lois Elsbrock, 513-239-5620

Peer Supporters

Name: Mary Kirkey **City:** Columbus **Disease Familiarity:** PSP

Email: marykirkey@gmail.com **Phone:** 614-486-7368

Name: David Potter **City:** Strongsville **Disease Familiarity:** PSP/MSA/CBD

Email: davepotter7@gmail.com **Phone:** 440-263-5330

Name: Nancy Montgomery **City:** Westerville **Disease Familiarity:** PSP/PD

Email: njmont76@gmail.com **Phone:** 724-680-2211
