



UNLOCKING THE SECRETS OF BRAIN DISEASE®

Pacific and Mountain Region: Support Groups for PSP/MSA/CBD

CurePSP encourages and organizes groups that foster face-to-face communication, exchange of ideas and information, and comforting interaction for families facing a diagnosis of prime of life neurodegeneration. Many people dealing with these feel that others in their lives cannot understand what they are going through, so talking with someone who has been on the journey, and who can provide insight and advice, is very beneficial. The groups are for carepartners, family members, friends, and people with PSP, CBD, MSA, or a related disease looking for comfort and support from others in the community. They are all facilitated by our dedicated volunteers, most of whom have been on this journey and can provide unique insight from a personal perspective. If you are not ready to communicate with a group or are looking for a more one-on-one conversation about the journey you are on, please find the names and contact information of our peer supporters listed state-by-state below. Peer supporters are available for practical conversations, recommendations for doctors, emotional support, or any other type of question. For any further information or to be added to this list, please contact Joanna Teters at teters@curepsp.org

California

Support Groups

Los Angeles Support Group for PSP/MSA/CBD patients and caregivers

Meeting Virtually: Yes

Meeting Registration Link: Contact facilitator for link

Associated Medical Center: UCLA Medical Center

Meeting Time(s): Please contact facilitator for meeting times

Contact the facilitator: Arik Johnson, 310-825-4989, acjohnson@mednet.ucla.edu

Bay Area Support Group for PSP/CBD, MSA and LBD patients and caregivers

Meeting Virtually: Yes

Meeting Registration Link: Contact facilitator for link

Meeting Time(s): Every 5 to 7 weeks (call or email for schedule) Sundays from 5:00pm - 7:00pm

Contact the facilitator: Robin Riddle, 650-814-0848, robin.riddle@brainsupportnetwork.org

Peer Supporters

Name: Deidre Reed **City:** San Diego **Disease Familiarity:** PSP

Email: deidre@reedwrites.com **Phone:** 310-560-7560

Name: John O'Rorke **City:** Fresno **Disease Familiarity:** PSP

Email: jcororke82@gmail.com **Phone:** 559-981-7696

Name: Sharon Reichardt Walker **City:** Cupertino **Disease Familiarity:** PSP

Email: sharon.r.walker@outlook.com **Phone:** 650-773-6107

Colorado

Peer Supporters

Name: James Dougherty **City:** Boulder **Disease Familiarity:** PSP
Email: jimbodougherty@hotmail.com **Phone:** 303-859-3544

Idaho

Peer Supporters

Name: Tiffany Christensen **City:** Boise **Disease Familiarity:** MSA
Email: moveovermsa@gmail.com **Phone:** 208-389-8022

Washington

Support Groups

Seattle Support Group for PSP/MSA/CBD caregivers

Meeting Virtually: Yes

Meeting Registration Link: Contact facilitator for link

Meeting Time(s): 4th Monday of every month at 11:00am

Contact the facilitator: Suzanna Eller, MA, LMHC, 206-320-2084, suzannapda@gmail.com

Peer Supporters

Name: Chamu Kallem **City:** Redmond **Disease Familiarity:** PSP
Email: chamukallem@gmail.com **Phone:** 425-563-5590