



Southeast Region Support Network for PSP/MSA/CBD

CurePSP encourages and organizes groups that foster face-to-face communication, exchange of ideas and information, and comforting interaction for families facing a diagnosis of prime of life neurodegeneration. Many people dealing with these feel that others in their lives cannot understand what they are going through, so talking with someone who has been on the journey, and who can provide insight and advice, is very beneficial. The groups are for carepartners, family members, friends, and people with PSP, CBD, MSA, or a related disease looking for comfort and support from others in the community. They are all facilitated by our dedicated volunteers, most of whom have been on this journey and can provide unique insight from a personal perspective. If you are not ready to communicate with a group or are looking for a more one-on-one conversation about the journey you are on, please find the names and contact information of our peer supporters listed state-by-state below. Peer supporters are available for practical conversations, recommendations for doctors, emotional support, or any other type of question. For any further information or to be added to this list, please contact Joanna Teters at teters@curepsp.org.

Florida

Support Groups

Southwest Florida for PSP/CBD/MSA patients and caregivers

Meeting Virtually: Yes

Meeting Registration Link: Contact facilitator for link

Meeting Time(s): 2nd Saturday of each month from 2:00pm - 3:30pm

Contact the facilitator: Cindy MacDonald, 239-353-3960 or 239-404-4429, cmac5371@aol.com

South Florida Support Group for PSP/MSA/CBD patients and caregivers

Meeting Virtually: Yes

Associated Medical Center: North Broward Medical Center

Meeting Time(s): Once monthly, contact facilitator for more info

Contact the facilitator: Paul Freeman, 305-970-0805, freemanph@aol.com

Peer Supporters

Name: Paul Freeman **City:** Miami Beach **Disease Familiarity:** PSP

Email: freemanph@aol.com **Phone:** 305-970-0805

Name: Cynthia MacDonald **City:** Naples **Disease Familiarity:** PSP

Email: cmac5371@aol.com **Phone:** 239-353-3960

Name: Dan Heins **City:** Pensacola **Disease Familiarity:** PSP

Email: danheins@gmail.com **Phone:** 502-216-4563

Georgia

Support Groups

Woodstock Support Group for PSP/CBD/MSA patients and caregivers

Meeting Virtually: On hold

Meeting Time(s): 2nd Sunday of each month from 3:00pm – 5:00pm

Contact the facilitators: Jackie Green, 678-780-5576, jackie.greenpsp@gmail.com

Peer Supporters

Name: Linda Spears **City:** Marietta **Disease Familiarity:** PSP

Email: lindaspears89@gmail.com **Phone:** 770-855-1577

Kentucky

Support Groups

Louisville Support Group for PSP/MSA/CBD caregivers

Meeting Virtually: Yes

Meeting Registration Link:

[https://us02web.zoom.us/meeting/register/tZAldOGgrT0vHtGUv1glbNVEF9iuOG9nsGKY](https://us02web.zoom.us/join/zoom-join?meeting=7202164563&from=invite-link)

Associated Medical Center: Norton Healthcare

Meeting Time(s): 1st Tuesday of every month at 6:00-7:30pm

Contact the facilitator: Dan Heins, 502-216-4563, danheins@gmail.com

Name: Dan Heins **City:** Lexington **Disease Familiarity:** PSP

Email: danheins@gmail.com **Phone:** 502-216-4563

Mississippi

Peer Supporters

Name: Mary Petty **City:** Southaven **Disease Familiarity:** PSP

Email: mvpetty44@gmail.com **Phone:** 901-573-5934

North Carolina

Support Groups

Chapel Hill Support Group for PSP/CBD patients and caregivers

Meeting Virtually: Yes

Associated Medical Center: UNC Movement Disorders Center

Meeting Time(s): 1st Wednesday of each month from 1:30-3:00 p.m.

Facilitator: Jessica Shurer LCSW, jshurer@neurology.unc.edu or 919-843-1657 and Amy Branch amybranch6@gmail.com

Chapel Hill Support Group for MSA patients and caregivers

Meeting Virtually: Yes

Associated Medical Center: UNC Movement Disorders Center

Meeting Time(s): 3rd Wednesday of even numbered months 3-4:30pm starting in February

Facilitator: Jessica Shurer LCSW, jshurer@neurology.unc.edu or 919-843-1657

Greensboro Support Group for PSP/CBD/MSA patients and caregivers

Meeting Virtually: Yes

Associated Medical Center: LeBauer Neurology Movement Disorder Clinic

Meeting Time(s): 4th Wednesday of the month from 2-3:30pm

Contact the facilitators: Sarah Chambers LCSW, sarah.chambers@conehealth.com, 740-590-1744 and Bill Furlow, billfurlownc@gmail.com

Peer Supporters

Name: Kathy Orr **City:** Aurora **Disease Familiarity:** PSP

Email: kathy.lafferty.orr@gmail.com **Phone:** 252-322-2209

Name: Jocelyne Gervais **City:** Durham **Disease Familiarity:** CBD

Email: jrgassociates@gmail.com **Phone:** 919-260-6812

South Carolina

Peer Supporters

Name: Becky Hill **City:** Aiken **Disease Familiarity:** PSP/CBD

Email: hill_becky@yahoo.com **Phone:** 757-254-5491

Tennessee

Peer Supporters

Name: Anne Wilson **City:** Nashville **Disease Familiarity:** PSP/CBD

Email: anneswilson@comcast.net **Phone:** 615-478-8484

Virginia

Peer Supporters

Name: Anne F. Elkins, Ph.D. **City:** Bridgewater **Disease Familiarity:** PSP

Email: annefleet@gmail.com **Phone:** 540-449-6992

Name: Jacqueline Shaia **City:** Suffolk **Disease Familiarity:** PSP

Email: jkshaia@icloud.com **Phone:** 804-815-3904
