



### **Southwest Region: Support for PSP/MSA/CBD**

CurePSP encourages and organizes groups that foster face-to-face communication, exchange of ideas and information, and comforting interaction for families facing a diagnosis of prime of life neurodegeneration. Many people dealing with these feel that others in their lives cannot understand what they are going through, so talking with someone who has been on the journey, and who can provide insight and advice, is very beneficial. The groups are for carepartners, family members, friends, and people with PSP, CBD, MSA, or a related disease looking for comfort and support from others in the community. They are all facilitated by our dedicated volunteers, most of whom have been on this journey and can provide unique insight from a personal perspective. If you are not ready to communicate with a group or are looking for a more one-on-one conversation about the journey you are on, please find the names and contact information of our peer supporters listed state-by-state below. Peer supporters are available for practical conversations, recommendations for doctors, emotional support, or any other type of question. For any further information or to be added to this list, please contact Joanna Teters at [teters@curepsp.org](mailto:teters@curepsp.org)

## **Arizona**

### **Support Groups**

#### **Tempe Support Group for PSP/CBD patients and caregivers**

***Meeting Virtually:*** Yes

***Meeting Registration Link:*** Contact facilitator for link

***Meeting Time(s):*** 2nd Saturday of the month at 1:30pm

***Contact the facilitator:*** Ann Ludwig, 602-318-0895, [aludwig@asu.edu](mailto:aludwig@asu.edu)

### **Peer Supporters**

***Name:*** Tito Sebastiani ***City:*** Sun City ***Disease Familiarity:*** PSP

***Email:*** [tsebastiani1322@gmail.com](mailto:tsebastiani1322@gmail.com) ***Phone:*** 602-920-4632

***Name:*** Ann Ludwig ***City:*** Tempe ***Disease Familiarity:*** PSP/PD

***Email:*** [aludwig@asu.edu](mailto:aludwig@asu.edu) ***Phone:*** 602-318-0895

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## New Mexico

### Support Groups

#### Albuquerque Support Group for PSP/MSA/CBD/LBD patients and caregivers

**Meeting Virtually:** Yes

**Meeting Registration Link:**

<https://us02web.zoom.us/j/87288966585?pwd=bTFRTmtHdUYyc01aL1ljUGQ1NU0wQT09>

**Meeting Time(s):** 1st Tuesday of each month from 6:30pm-8:00pm

**Contact the facilitator:** Roxi Padrid, 312-485-9342, [roxipadrid@gmail.com](mailto:roxipadrid@gmail.com)

### Peer Supporters

**Name:** Christine Wester **City:** Albuquerque **Disease Familiarity:** PSP

**Email:** cwabq@msn.com **Phone:** 505-301-3242

**Name:** Carolyn Rivera **City:** Albuquerque **Disease Familiarity:** PSP

**Email:** carolynrivera@aol.com **Phone:** 703-955-1114

**Name:** Roxi Padrid **City:** Corrales **Disease Familiarity:** PSP

**Email:** roxipadrid@gmail.com **Phone:** 312-485-9342

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## Texas

### Support Groups

#### Austin Support Group for PSP/MSA/CBD patients and caregivers

**Meeting Virtually:** Yes

**Meeting Registration Link:**

<https://us02web.zoom.us/j/82184205391?pwd=cDRIRWxOSWE0cXEzZENPT1RTMk5LUT09>

**Meeting Time(s):** 4th Saturday of the month from 10:00am - 12:30pm

**Contact the facilitator:** Judi Nudelman, 512-301-2268, [jnudelman51@gmail.com](mailto:jnudelman51@gmail.com)

#### Houston Support Group for PSP/MSA/CBD patients and caregivers

**Meeting Virtually:** No

**Meeting Registration Link:** Contact facilitator for information on in-person meetings

**Meeting Time(s):** 3rd Saturday of each month (except July and December) at 1:00pm

**Contact the facilitator:** Karen Kennemer, 281-358-2282, [kmk1224@aol.com](mailto:kmk1224@aol.com)

#### Dallas Support Group for PSP/MSA/CBD patients and caregivers

**Meeting Virtually:** Yes

**Meeting Registration Link:** Contact facilitator for link

**Meeting Time(s):** 3rd Saturday of the month from 11:00am – 12:30pm

**Contact the facilitator:** Ileen McFarland, [ileen@earthlink.net](mailto:ileen@earthlink.net), 410-271-1818

#### **Dallas Support Group for PSP/MSA/CBD for caregivers**

**Meeting Virtually:** Yes

**Meeting Registration Link:** Contact facilitator for link

**Meeting Time(s):** 3rd Friday of the month from 11:00am – 12:30pm

**Contact the facilitator:** Ileen McFarland, [ileen@earthlink.net](mailto:ileen@earthlink.net), 410-271-1818

#### **Peer Supporters**

**Name:** Julie Pope **City:** Cedar Hill **Disease Familiarity:** PSP

**Email:** [Juliepoppe626@yahoo.com](mailto:Juliepoppe626@yahoo.com) **Phone:** 972-523-3468

**Name:** Ileen McFarland **City:** Dallas **Disease Familiarity:** PSP/CBD/MSA

**Email:** [ileen@earthlink.net](mailto:ileen@earthlink.net) **Phone:** 410-271-1818

**Name:** Christine Corser **City:** San Antonio **Disease Familiarity:** PSP

**Email:** [ccorser@hotmail.com](mailto:ccorser@hotmail.com) **Phone:** 908-528-0770

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