



### **Canada: Support for PSP/MSA/CBD**

CurePSP encourages and organizes groups that foster face-to-face communication, exchange of ideas and information, and comforting interaction for families facing a diagnosis of prime of life neurodegeneration. Many people dealing with these feel that others in their lives cannot understand what they are going through, so talking with someone who has been on the journey, and who can provide insight and advice, is very beneficial. The groups are for carepartners, family members, friends, and people with PSP, CBD, MSA, or a related disease looking for comfort and support from others in the community. They are all facilitated by our dedicated volunteers, most of whom have been on this journey and can provide unique insight from a personal perspective. If you are not ready to communicate with a group or are looking for a more one-on-one conversation about the journey you are on, please find the names and contact information of our peer supporters listed state-by-state below. Peer supporters are available for practical conversations, recommendations for doctors, emotional support, or any other type of question. For any further information or to be added to this list, please contact Joanna Teters at [teters@curepsp.org](mailto:teters@curepsp.org).

## **Canada**

### **Support Groups**

#### **Calgary Support Group for PSP/MSA/CBD caregivers**

***Meeting Virtually:*** Yes

***Meeting Registration Link:*** Contact facilitator for link

***Associated Medical Center:*** Parkinsons Society of Alberta

***Meeting Time(s):*** 3<sup>rd</sup> Saturday of every month from 12:00pm-2:00pm

***Contact the facilitator:*** Kelly Clapham, 403-803-3307, [claphamk@telus.net](mailto:claphamk@telus.net)

#### **British Columbia Support Group for PSP/MSA/CBD/LBD patients and caregivers**

***Meeting Virtually:*** No

***Associated Medical Center:*** University of British Columbia Hospital

***Meeting Time(s):*** 4<sup>th</sup> Friday of every month from 10:00am-11:00am

***Contact the facilitator:*** Bob Brett, 604-930-8150, [curepspbc@gmail.com](mailto:curepspbc@gmail.com)

### **Peer Supporters**

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