

International: Support for PSP/CBD/MSA

Peer Supporters

If you are in search of one-on-one conversation about the journey you are on, please find the names and contact information of our peer supporters. Peer supporters are available to offer practical care tips, connect with local resources, and provide emotional support. Feel free to reach out to anyone on this or other regional lists, regardless of location.

Support Groups

Support groups are safe and dedicated spaces to connect with and learn from individuals and families on similar journeys. CurePSP's network of regional support groups offers opportunities to meet others in your community impacted by PSP, CBD and MSA. You can also visit www.psp.org/ineedsupport/online-support-groups for CurePSP's national support groups

Canada

Peer Supporter: Mauro Campanelli City: Oakville, ON Email: mcampanelli@trimac.com Phone: 416-709-7309

Experience: PSP

Relationship to diagnosis: Adult child of a deceased patient

Peer Supporter: Riel Hishon City: Toronto, ON Email: riel.hishon@gmail.com Phone: 647-225-6220

Experience: PSP

Relationship to diagnosis: Adult child of deceased patient

Availability: Evenings/weekends **Languages:** English and French

Montreal Facebook Group for PSP/MSA/CBD/LBD patients and care partners

Location:

https://www.facebook.com/groups/3473422349337693/?ref=share&fs=e&s=cl **Associated Medical Center:** Centre Hospitalier de L'Université de Montreal

Virtual Support Group for PSP/CBD/MSA patients and care partners (Toronto based)

Location: Meeting virtually - See PSP Canada Events Page:

https://pspsocietycanada.ca/events/

Meeting Time: 3rd Wednesday of every month from 7:30pm to 9:00pm ET

Facilitator: Stéphane Hetherington, hetherington@pspsocietycanada.ca, 1-888-675-

0230

Virtual Support Group for PSP/CBD/MSA care partners (Calgary based)

Location: Meeting virtually - contact facilitator for link

Meeting Time: 3rd Saturday of every month from 12:00pm-2:00pm *Facilitator:* Kelly Clapham, <u>claphamk@telus.net</u>, 403-803-3307

Virtual Support Group for PSP/CBD/MSA patients and care partners (Hamilton based)

Location: Meeting virtually - contact facilitator for link or visit (https://pspawareness.com/pages/zoom-support-meetings-for-psp)

Meeting Time: Every Thursday from 7:00pm-9:00pm ET

Facilitator: Kate Borgert, info@coleencunninghamfoundation.com, 905-616-9433

British Columbia Support Group for PSP/MSA/CBD/LBD patients and care partners

Location: Contact facilitator for location

Associated Medical Center: University of British Columbia Hospital **Meeting Time:** 4th Friday of every month from 10:00am-11:30am **Facilitator:** Bob Brett, curepspbc@gmail.com, 604-930-8150

Ontario Support Group for PSP/CBD/MSA patients and care partners

Location: Port Nelson United Church, 3132 South Drive, Burlington ON

Meeting Time: Last Monday of every month from 1:00pm-3:00pm (No December

Meeting)

Facilitator: January Will, info@coleencunninghamfoundation.com, 905-616-9433

India

Peer Supporter: Niti Vaidya City: Mumbai

Email: nitivaidya@gmail.com Phone: 91-982-032-9719

Experience: Cared for a parent with PSP

Languages: English, Hindi, Gujarati, and Marathi

India Support Group for Care Partners of PSP/CBD/MSA patients

Location: Meeting virtually - contact facilitator for link

Meeting Time: 2nd Sunday of every other month from 15:00-16:00 IST

Facilitator: Niti Vaidya, 91-982-032-9719, nitivaidya@gmail.com

Kuwait

Peer Supporter: Noha Al-Awadi City: Jabriya

Email: noha.alawadi@gmail.com Phone: + 965 66612660

Experience: Cared for a parent with PSP/PD