



Midwest Region: Support for PSP/CBD/MSA

Peer Supporters

If you are in search of one-on-one conversation about the journey you are on, please find the names and contact information of our peer supporters. Peer supporters are available to offer practical care tips, connect with local resources, and provide emotional support. Feel free to reach out to anyone on this or other regional lists, regardless of location.

Support Groups

Support groups are safe and dedicated spaces to connect with and learn from individuals and families on similar journeys. CurePSP's network of regional support groups offers opportunities to meet others in your community impacted by PSP, CBD and MSA. You can also visit www.psp.org/inneedsupport/online-support-groups for CurePSP's national support groups

Arkansas

Little Rock Support Group for PSP/CBD/MSA/LBD care partners

Location: John Gould Fletcher Library, 823 N Buchanan St., Little Rock, AR—Room B

Meeting Time: Spring 2024 – March 14th, April 25th, May 16th from 10:30- 11:30am

Facilitator: Suzanne Dhall, sjdhall@uams.edu

Idaho

Peer Supporter: Tiffany Christensen **City:** Boise, ID

Email: moveovermsa@gmail.com **Phone:** 408-493-3086

Experience: Cared for a spouse with CBD

Illinois

Peer Supporter: Deb Dean **City:** Highland Park, IL

Email: Deb_e_dean@yahoo.com **Phone:** 847-571-7549

Experience: Cared for a parent with PSP

Peer Supporter: Ryan Dolan **City:** Shorewood, IL

Email: rdolan05@yahoo.com **Phone:** 708-714-6141

Experience: Caring for a parent with PSP

Peer Supporter: Doris Driscoll **City:** Fairview Heights, IL

Email: dorisann11@hotmail.com **Phone:** 618-616-7842

Experience: Cared for a spouse with PSP

Peer Supporter: Dean Monti **City:** Glen Ellyn, IL

Email: dean.monti@gmail.com **Phone:** 312-520-0337

Experience: Cared for a parent with PSP

Peer Supporter: Patti Sellers **City:** Breese, IL
Email: patti@equity55.com **Phone:** 618-604-8639
Experience: Cared for a spouse with PSP

Peer Supporter: Paul Strandquist **City:** LaGrange, IL
Email: paulstrandquist6@gmail.com **Phone:** 312-735-3607
Experience: Cared for a spouse with PSP

Chicagoland Support Group for PSP/CBD/MSA for patients & care partners

Location: Meeting virtually - contact facilitator for link
Meeting Time: Second Thursday of every month from 4:00pm - 5:30pm CT
Facilitator: Emily Sarah Zivin, emily.zivin@northwestern.edu and Sarah Chen, Sarah_M_Chen@rush.edu

Indiana

Peer Supporter: Karen Newell **City:** Elizabethtown, IN
Email: kfoxnewell@aol.com **Phone:** 812-343-6394
Experience: Cared for a sibling with PSP/MSA

Iowa

Mason Support Group for PSP/CBD/MSA care partners

Peer Supporter: Contact facilitator for location
Meeting Time: 3rd Wednesday of every month 2:00pm-3:30 pm
Facilitators: Vicki Werden, vwerden@gmail.com, 513-874-3002, Lois Elsbrock, 513-239-5620

Michigan

Peer Supporter: Catherine Doll **City:** Goodrich, MI
Email: catherinesdoll@gmail.com **Phone:** 810-636-6789
Experience: Cared for a parent with PSP

Peer Supporter: Kathleen Gregg **City:** Lake Orion, MI
Email: ewodwaski@gmail.com **Phone:** 248-660-3456
Experience: Cared for a spouse with PSP

Peer Supporter: Gary Mattson **City:** Marquette, MI
Email: gmattson@new.rr.com **Phone:** 906 250-1243
Experience: Cared for a parent with PSP

Peer Supporter: Abby Segal **City:** Bloomfield Hills, MI
Email: avivabatia@aol.com **Phone:** 215-280-6144
Experience: Cared for a parent with PSP

Peer Supporter: Emma Wodwaski **City:** Troy, MI
Email: ewodwaski@gmail.com **Phone:** 248-590-1185
Experience: Cared for a grandparent with PSP

Peer Supporter: Nadine Wodwaski **City:** Troy, MI
Email: jnnwodwaski@hotmail.com **Phone:** 248-719-8165
Experience: Cared for a parent with PSP

Michigan Support Group for PSP/CBD/MSA patients, care partners, family & friends

Location: Meeting virtually - contact facilitator for link

Meeting Time: 2nd Saturday of each month from 2:00-3:30 pm

Facilitator: Mary Meagher, mmeagher@mei.net, 269-267-3117

Minnesota

Peer Supporter: Mana Sanghvi **City:** Edina, MN

Email: mana.bhatt@gmail.com **Phone:** 646-458-1787

Experience: Cared for a parent with PSP

Ohio

Peer Supporter: Melanie Coseo **City:** Brunswick, OH

Email: jnnwodwaski@hotmail.com **Phone:** 216-970-2284

Experience: Cared for a parent with PSP

Peer Supporter: Gayle Griffith **City:** Dublin, OH

Email: gayle@my.st **Phone:** 614-946-8824

Experience: Cared for a spouse with PSP

Peer Supporter: Mary Kirkey **City:** Columbus, OH

Email: marykirkey@gmail.com **Phone:** 614-486-7368

Experience: Cared for a spouse with PSP

Peer Supporter: Nancy Montgomery **City:** Westerville, OH

Email: njmont76@gmail.com **Phone:** 724-680-2211

Experience: Cared for a spouse with PSP

Peer Supporter: David Potter **City:** Strongsville, OH

Email: davepotter7@gmail.com **Phone:** 440-263-5330

Experience: Cared for a parent with PSP, also has experience with CBD and MSA

Cleveland Support Group for PSP patients & care partners

Location/Meeting Time: Contact facilitator for location and meeting time

Facilitator: David Potter, davepotter7@gmail.com, 440-263-5330

Central Ohio Support Group for PSP/CBD/MSA patients & care partners

Location: Meeting virtually – contact facilitator for link

Meeting Time(s): 1st and 3rd Saturday of each month from 11:30am - 1:00pm ET

Facilitator: Nancy Montgomery, centralohiopspgroup@gmail.com

Wisconsin

Peer Supporter: Eugenia Aguirre **City:** Brookfield, WI

Email: eugenia.a.palacio@gmail.com **Phone:** 217-853-5499

Experience: Person with CBD

Peer Supporter: Larry Studt **City:** Eau Claire, WI

Email: larry.studt@yahoo.com **Phone:** 715-717-1761

Experience: Cared for a spouse with PSP

Peer Supporter: Laurie Conrad **City:** Two Rivers, WI
Email: conradswi@yahoo.com **Phone:** 920-905-6300
Experience: Cared for a parent with PSP