Medications can worsen parkinsonian features

Symptoms develop or worsen within a few weeks of starting a new medication or increasing the dose of an existing medication
- Typically resolve soon after decreasing the dose of medication or stopping the offending agent

May result from use of any medication that interferes with dopamine
- Antipsychotic medications
  - Examples: haloperidol [Haldol], risperidone [Risperdal]
- Anti-nausea medications
  - Examples: metoclopramide [Reglan], prochlorperazine [Compro]

Certain anti-seizure medications and over-the-counter decongestants can also cause tremor
The **Aware in Care Kit** offers tips for handling a hospitalization… and everyday life!

Order at [www.awareincare.org](http://www.awareincare.org) or call 1-800-4PD-INFO (473-4636)

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**5 Rules for Safe Medication Use**

1. **Remember** that every person with a movement disorder is unique, and so is their medication regimen.

2. **Report any** medication changes to all healthcare professionals involved in your care.

3. **Report any changes** (drug side effects?) you notice to a healthcare professional as soon as possible.

4. **Do NOT** abruptly stop or change your medications.

5. **Ask questions** if you have them… and take notes!
Help your pharmacist help you

Ask questions

• Why am I taking this medication?
• How should I take this medication?
• What are the potential side effects?
• Could this medication affect my movement disorder?
• Could this medication interact with other medications I take?

Keep an up-to-date medication list

• Prescription medications, including creams, patches, inhalers, and injections
• Over-the-counter medications, including vitamins, dietary supplements, and herbals
• Medication logs available online
  • www.davisphinneyfoundation.org/resources/worksheets-and-downloads/