



Southwest Region: Support for PSP/MSA/CBD

CurePSP encourages and organizes groups that foster face-to-face communication, exchange of ideas and information, and comforting interaction for families facing a diagnosis of prime of life neurodegeneration. Many people dealing with these feel that others in their lives cannot understand what they are going through, so talking with someone who has been on the journey, and who can provide insight and advice, is very beneficial. The groups are for carepartners, family members, friends, and people with PSP, CBD, MSA, or a related disease looking for comfort and support from others in the community. They are all facilitated by our dedicated volunteers, most of whom have been on this journey and can provide unique insight from a personal perspective. If you are not ready to communicate with a group or are looking for a more one-on-one conversation about the journey you are on, please find the names and contact information of our peer supporters listed state-by-state below. Peer supporters are available for practical conversations, recommendations for doctors, emotional support, or any other type of question. For any further information or to be added to this list, please contact Joanna Teters at teters@curepsp.org

Arizona

Support Groups

Tempe Support Group for PSP/CBD patients and caregivers

Meeting Virtually: Yes

Meeting Registration Link: Contact facilitator for link

Meeting Time(s): 2nd Saturday of the month at 1:30pm

Contact the facilitator: Ann Ludwig, 602-318-0895, aludwig@asu.edu

Peer Supporters

Name: Tito Sebastiani ***City:*** Sun City ***Disease Familiarity:*** PSP

Email: tsebastiani1322@gmail.com ***Phone:*** 602-920-4632

Name: Ann Ludwig ***City:*** Tempe ***Disease Familiarity:*** PSP/PD

Email: aludwig@asu.edu ***Phone:*** 602-318-0895

New Mexico

Support Groups

Albuquerque Support Group for PSP/MSA/CBD/LBD patients and caregivers

Meeting Virtually: Yes

Meeting Registration Link:

<https://us02web.zoom.us/j/87288966585?pwd=bTFRTmtHdUYyc01aL1ljUGQ1NU0wQT09>

Meeting Time(s): 1st Tuesday of each month from 6:30pm-8:00pm

Contact the facilitator: Roxi Padrid, 312-485-9342, roxipadrid@gmail.com

Peer Supporters

Name: Christine Wester **City:** Albuquerque **Disease Familiarity:** PSP

Email: cwabq@msn.com **Phone:** 505-301-3242

Name: Carolyn Rivera **City:** Albuquerque **Disease Familiarity:** PSP

Email: carolynrivera@aol.com **Phone:** 703-955-1114

Name: Roxi Padrid **City:** Corrales **Disease Familiarity:** PSP

Email: roxipadrid@gmail.com **Phone:** 312-485-9342

Texas

Support Groups

Austin Support Group for PSP/MSA/CBD patients and caregivers

Meeting Virtually: Yes

Meeting Registration Link:

<https://us02web.zoom.us/j/82184205391?pwd=cDRIRWxOSWE0cXEzZENPT1RTMk5LUT09>

Meeting Time(s): 4th Saturday of the month from 10:30am - 12:30pm

Contact the facilitator: Judi Nudelman, 512-964-1236, jnudelman51@gmail.com

Houston Support Group for PSP/MSA/CBD patients and caregivers

Meeting Virtually: No

Meeting Registration Link: Contact facilitator for information on in-person meetings

Meeting Time(s): 3rd Saturday of each month (except July and December) at 1:00pm

Contact the facilitator: Karen Kennemer, 281-358-2282, kmk1224@aol.com

Dallas Support Group for PSP/MSA/CBD patients and caregivers

Meeting Virtually: Yes

Meeting Registration Link: Contact facilitator for link

Meeting Time(s): 3rd Saturday of the month from 11:30am – 1:00pm CT

Contact the facilitator: Ileen McFarland, ileen@earthlink.net, 410-271-1818

Dallas Support Group for PSP/MSA/CBD for caregivers

Meeting Virtually: Yes

Meeting Registration Link: Contact facilitator for link

Meeting Time(s): 3rd Friday of the month from 11:30am – 1:00pm CT

Contact the facilitator: Ileen McFarland, ileen@earthlink.net, 410-271-1818

Peer Supporters

Name: Julie Pope **City:** Cedar Hill **Disease Familiarity:** PSP

Email: Juliepoppe626@yahoo.com **Phone:** 972-523-3468

Name: Ileen McFarland **City:** Dallas **Disease Familiarity:** PSP/CBD/MSA

Email: ileen@earthlink.net **Phone:** 410-271-1818

Name: Christine Corser **City:** San Antonio **Disease Familiarity:** PSP

Email: cccorsers@hotmail.com **Phone:** 908-528-0770
