



Midwest Region: Support for PSP/CBD/MSA

Peer Supporters

If you are in search of one-on-one conversation about the journey you are on, please find the names and contact information of our peer supporters. Peer supporters are available to offer practical care tips, connect with local resources, and provide emotional support. Feel free to reach out to anyone on this or other regional lists, regardless of location.

Support Groups

Support groups are safe and dedicated spaces to connect with and learn from individuals and families on similar journeys. CurePSP's network of regional support groups offers opportunities to meet others in your community impacted by PSP, CBD and MSA. You can also visit www.psp.org/ineedsupport/online-support-groups for CurePSP's national support groups

Arkansas

Little Rock Support Group for PSP/CBD/MSA/LBD carepartners

Location: John Gould Fletcher Library, 823 N Buchanan Street, Little Rock, AR - Room B

Meeting Time: Quarterly group – contact facilitator for specific dates

Facilitator: Suzanne Dhall, sjdhall@uams.edu

Idaho

Name: Tiffany Christensen **City:** Boise, ID

Email: moveovermsa@gmail.com **Phone:** 408-493-3086

Experience: Cared for a spouse with PSP

Illinois

Name: Dean Monti **City:** Glen Ellyn, IL

Email: dean.monti@gmail.com **Phone:** 312-520-0337

Experience: Cared for a parent with PSP

Name: Patti Sellers **City:** Breese, IL

Email: patti@equity55.com **Phone:** 618-604-8639

Experience: Cared for a spouse with PSP

Name: Paul Strandquist **City:** LaGrange, IL

Email: paulstrandquist6@gmail.com **Phone:** 312-735-3607

Experience: Cared for a spouse with PSP

Name: Doris Driscoll **City:** Fairview Heights, IL

Email: dorisann11@hotmail.com **Phone:** 618-616-7842

Experience: Cared for a spouse with PSP

Illinois

Northwestern Univ. Support Group for PSP/CBD/MSA patients and carepartners

Location: Meeting virtually – [fill out this form to register](#) (link to group will be sent after the form is completed)

Meeting Time: 3rd Thursday of March, June, September and December 1:30-2:30pm CT

Facilitator: Emily Sarah Zivin, emily.zivin@northwestern.edu

Chicagoland Support Group for PSP/CBD/MSA carepartners

Location: Meeting virtually - contact facilitator for link

Meeting Time: First Saturday of every month from 1:30pm - 3:00pm CT

Facilitator: David Takehara, chicagolandcurepsp@gmail.com, 847-452-1609

Indiana

Name: Karen Newell **City:** Elizabethtown, IN

Email: kfoxnewell@aol.com **Phone:** 812-343-6394

Experience: Cared for a sibling with PSP/CBD

Iowa

Mason Support Group for PSP/CBD/MSA carepartners

Location: Contact facilitator for location

Meeting Time: 3rd Wednesday of every month 2:00pm-3:30 pm

Facilitators: Vicki Werden, vwerden@gmail.com, 513-874-3002, Lois Elsbrock, 513-239-5620

Michigan

Name: Abby Segal **City:** Bloomfield Hills, MI

Email: avivabatia@aol.com **Phone:** 215-280-6144

Experience: Cared for a parent with PSP

Name: Gary Mattson **City:** Marquette, MI

Email: gmattson@new.rr.com **Phone:** 906 250-1243

Experience: Cared for a parent with PSP

Name: Emma Wodwaski **City:** Troy, MI

Email: ewodwaski@gmail.com **Phone:** 248-590-1185

Experience: Cared for a grandparent with PSP

Name: Nadine Wodwaski **City:** Troy, MI

Email: jnnwodwaski@hotmail.com **Phone:** 248-719-8165

Experience: Cared for a parent with PSP

Michigan Support Group for PSP/CBD/MSA patients, carepartners, family and friends

Location: Meeting virtually - contact facilitator for link

Meeting Time: 2nd Saturday of each month from 2:00-3:30 pm

Facilitator: Mary Meagher, mmeagher@mei.net, 269-267-3117

Ohio

Name: Gayle Griffith **City:** Dublin, OH
Email: gayle@my.st **Phone:** 614-946-8824
Experience: Cared for a spouse with PSP

Name: Melanie Coseo **City:** Brunswick, OH
Email: jnnwodwaski@hotmail.com **Phone:** 216-970-2284
Experience: Cared for a parent with PSP

Name: Mary Kirkey **City:** Columbus, OH
Email: marykirkey@gmail.com **Phone:** 614-486-7368
Experience: Cared for a spouse with PSP

Name: David Potter **City:** Strongsville, OH
Email: davepotter7@gmail.com **Phone:** 440-263-5330
Experience: Cared for a parent with PSP, also has experience with CBD and MSA

Name: Nancy Montgomery **City:** Westerville, OH
Email: njmont76@gmail.com **Phone:** 724-680-2211
Experience: Cared for a spouse with PSP

Cleveland Support Group for PSP patients & carepartners

Location/Meeting Time: Contact facilitator for location and meeting time
Facilitator: Dave Potter, davepotter7@gmail.com, 440-263-5330

Central Ohio Support Group for PSP/CBD/MSA patients & carepartners

Location: Ohio Health Riverside Methodist Hospital - Dempsey Center
Meeting Time(s): 1st and 3rd Saturday of each month from 11:30am - 1:00pm
Facilitator: Nancy Montgomery, centralohiopspsgroup@gmail.com

Minnesota

Name: Mana Sanghvi **City:** Edina, MN
Email: mana.bhatt@gmail.com **Phone:** 646-458-1787
Experience: Cared for a parent with PSP

Wisconsin

Name: Larry Studt **City:** Eau Claire, WI
Email: larry.studt@yahoo.com **Phone:** 715-717-1761
Experience: Cared for a spouse with PSP

Name: Laurie Conrad **City:** Two Rivers, WI
Email: conradswi@yahoo.com **Phone:** 920-905-6300
Experience: Cared for a parent with PSP