



Southwest Region: Support for PSP/CBD/MSA

Peer Supporters

If you are in search of one-on-one conversation about the journey you are on, please find the names and contact information of our peer supporters. Peer supporters are available to offer practical care tips, connect with local resources, and provide emotional support. Feel free to reach out to anyone on this or other regional lists, regardless of location.

Support Groups

Support groups are safe and dedicated spaces to connect with and learn from individuals and families on similar journeys. CurePSP's network of regional support groups offers opportunities to meet others in your community impacted by PSP, CBD and MSA. You can also visit www.psp.org/inneedssupport/online-support-groups for CurePSP's national support groups.

Arizona

Peer Supporter: Tito Sebastiani **City:** Sun City, AZ
Email: tsebastiani1322@gmail.com **Phone:** 602-920-4632
Experience: Cared for a spouse with PSP

Peer Supporter: Ann Ludwig **City:** Tempe, AZ
Email: aludwig@asu.edu **Phone:** 602-318-0895
Experience: Cared for a spouse with PSP

Tempe Support Group for PSP/CBD patients & carepartners

Location: Meeting virtually - contact facilitator for link
Meeting Time: 2nd Saturday of the month at 1:30pm
Facilitator: Ann Ludwig, aludwig@asu.edu, 602-318-0895

New Mexico

Peer Supporter: Christine Wester **City:** Albuquerque, NM
Email: cwabq@msn.com **Phone:** 505-301-3242
Experience: Cared for a parent with PSP

Peer Supporter: Carolyn Rivera **City:** Albuquerque, NM
Email: carolynrivera@aol.com **Phone:** 703-955-1114
Experience: Cared for a parent with PSP

Peer Supporter: Roxi Padrid **City:** Corrales, NM

Email: roxipadrid@gmail.com **Phone:** 312-485-9342

Experience: Cared for a parent with PSP

Albuquerque Support Group for PSP/CBD/MSA patients & carepartners

Location: Meeting virtually – contact facilitator for link

Meeting Time: 1st Tuesday of each month from 6:30pm-8:00pm

Facilitator: Roxi Padrid, roxipadrid@gmail.com, 312-485-9342

Texas

Peer Supporter: Christine Corser **City:** San Antonio, TX

Email: cccorser@hotmail.com **Phone:** 908-528-0770

Experience: Cared for a parent with PSP

Peer Supporter: Ileen McFarland **City:** Dallas, TX

Email: ileen@earthlink.net **Phone:** 410-271-1818

Experience: Cared for a spouse and is currently a PSP/CBD/MSA support group leaders

Peer Supporter: Julie Pope **City:** Cedar Hill, TX

Email: Juliepope626@yahoo.com **Phone:** 972-523-3468

Experience: Cared for a sibling with PSP

Austin/Central Support Group for PSP/CBD/MSA patients & carepartners

Location: <https://us02web.zoom.us/j/82184205391?pwd=cDRlRWxOSWE0cXEzZENPTlRTMk5LUT09>

Meeting Time: 4th Saturday of the month from 10:30am - 12:30pm CT

Facilitator: Judi Nudelman, jnudelman51@gmail.com, 512-964-1236

Houston Support Network for PSP/CBD/MSA patients & carepartners

Location/Meeting Time: Contact facilitator to be added to support group email chain

Facilitator: Karen Kennemer, kmk1224@aol.com, 281-358-2282

Houston Support Group for PSP/CBD/MSA patients & carepartners

Location/Meeting Time: Meeting virtually – contact facilitator for link

Meeting Time: 1st Thursday of the month from 10:00am – 11:00am CT

Facilitator: Celeste Harris, harris@hapsonline.org, 713-313-1706

Dallas Support Group for PSP/CBD/MSA for patients & carepartners

Location: Meeting virtually - contact facilitator for link

Meeting Time: 3rd Friday of the month from 12:30pm – 2:00pm CT

Facilitator: Ileen McFarland, ileen@earthlink.net, 410-271-1818 and Lisa A. Henderson, PT, DPT, LSVT hendersonlisa@ymail.com 432-638-5967